



of DID

for Pastors and Leaders

Amanda Buys' Spiritual Covering

This is a product by Kanaan Ministries, a non-profit ministry under the covering of:

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Published by:
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Lecture 1

INTRODUCTORY DYNAMICS OF DID

Introductory Dynamics of DID

I. The Nature of DID

A. DID does not involve any biological or biochemical abnormality of the brain. It is not a physical disorder.

B. DID occurs primarily within the non-material mind or soul of the person.

DID is the result of a marvelously creative defense mechanism that a young child used to cope with extremely overwhelming trauma. When there was no external way of escape, the child was able to escape within himself, erecting mental walls which served as a substitute for the physical haven he could not find.

C. Even though a lot of the symptomology of DID may seem very out-of-the-ordinary, a person with DID is not psychotic or mentally ill.

God built marvelous ingenuity into the human mind in order to allow the most vulnerable part of His creation - the little children - to survive the worst kinds of evil that Satan would perpetrate through fallen man.

II. The Computer Analogy

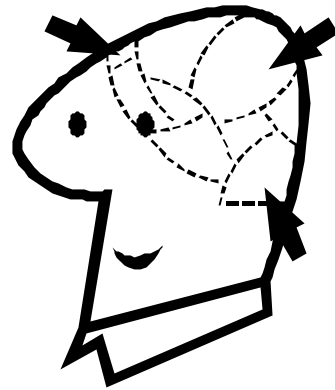
Comparing the relationship between the human soul and brain with a computer operator and computer is appropriate for the following reasons:

A. The computer is man's attempt to replicate the capacities of the human brain.

B. What a computer does is determined by what the computer programmer has designed into it and what the computer operator tells it to do *in the same way* that what the brain does in operating the body is determined by what has been designed into it by God, the Divine Programmer, and what the soul tells it to do.

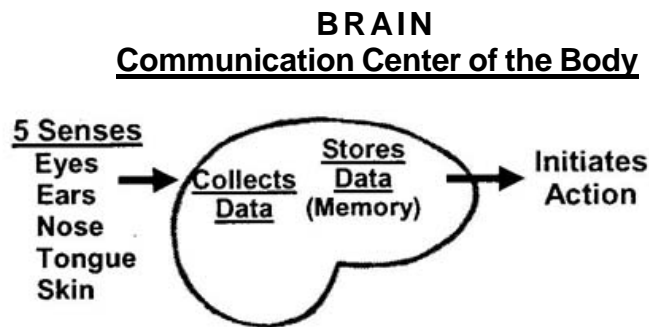


III. The Inter-Relationship of the Brain and Soul



A. Brain: The communication center of the body

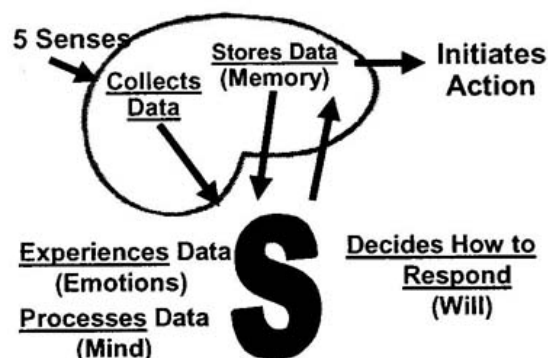
1. Collects data from the 5 senses
2. Stores data in its "memory "bank"
3. Initiates action in the body



B. Soul: The non-material part of man-comprised of mind, will and emotions which teams up closely with the brain in operating the body
(Will be referred to as the Self in the following notes)

C. Inter-Relationship

1. Soul receives data from the brain (current life experience and memory).
 2. Experiences the data (feels) (emotions)
 b. Processes the data (thinks) (mind)
 c. Decides how to direct the brain to respond to the data (chooses) (will)
2. The brain initiates action in the body.



IV The Development of the Human Personality

Way before birth the infant's brain has been "programmed" by God to carry out essential body functions on its own. Beyond these "automatic programs," the infant must figure out how to operate his body, relate to his environment, and make his way through life.

A. When an infant is born, he begins to experience life through his five senses and gradually makes sense of that data.

B. By trial and error he also learns how to control the actions of his body and interact with his environment.

C. When he has mastered these developmental tasks, he can express himself in virtually unlimited ways.

D. The child's capacity for independent and creative expression gives him his own uniqueness and the potential to develop his own distinct personality.

E. His personality is an expression of his own will, but it is shaped by what he experiences in the external environment.

1. As the child accumulates a growing collection of personal experiences, he will draw conclusions about:

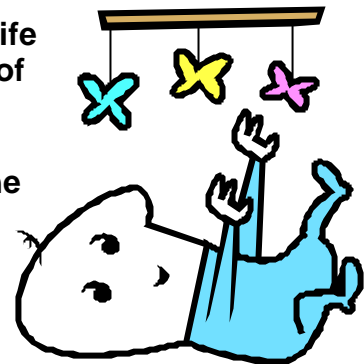
- a. Himself
- b. His environment
- c. Others

2. These conclusions will affect how he:

- a. Feels (emotions)
- b. Thinks (mind)
- c. Chooses to express himself (will)

3. By the age 5 or 6 his personality will exhibit a relatively enduring pattern of perceiving, thinking about, and relating to:

- a. Himself
- b. His environment
- c. Others



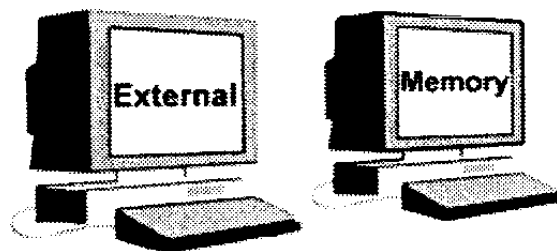
Personality = the expression of a person's unique and relatively enduring pattern of perceiving, thinking about, and relating to *himself*, his environment, and others.

V The Development of Multiple Personalities

A. The Automatic Programming Capacity of the Brain

God designed the brain so that additional automatic programs can be established to facilitate life for the person. Therefore whenever it is repeatedly directed to do the same thing in response to a given situation, it will eventually "program" itself to respond automatically in that specific way to that particular situation without the direction of the individual's mind.

1. Automatic programming is usually responsible for:
 - a. Things you do without thinking (e.g. putting on a seat belt when getting in the car)
 - b. Things you don't remember doing when, in fact, you have (e.g. locking the door when leaving the house)
 - c. Things you do better when you don't think about it (e.g. typing or playing the piano)
2. The brain becoming programmed to carry out more and more actions automatically allows the person greater freedom to engage in mental processes involving *internal* visualization.



+ Two Modes of Memory Recall

- Spontaneous
- Willful

B. Internal Visualization

1. Memory: The capacity to recall past events

A. Memory recall has at least two modes of operation:

1) Willful

In willful recall the individual initiates the bringing forward of specific desired memories.

2) Spontaneous

In spontaneous recall, information and scenes which are similar to what is being experienced in the current external environment are brought forward. For example, when one encounters an individual in a certain situation, memories of any previous encounters with this individual will usually come forward, enabling the person to recognize this individual.

B. Memory affects:

1) Recognition of previously encountered people, objects, places, etc.

2) Learning

It enables new information and experiences to be connected with previously acquired knowledge.

3) Interpretation of current events

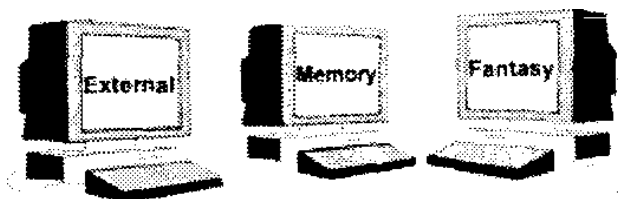
By relating current experiences with past ones, the meaning of the previous ones can be transferred onto the current one. For instance, being brutally attacked by a dog in the past will cause one to interpret a currently encountered dog as dangerous.

4) Emotional response to current events

Emotional responses to various situations are directly related to the interpretation given to them.



2. Fantasy: The capacity for imagination, contemplation, and mental imagery of one's own choosing



- **Imagination**
- **Contemplation**
- **Mental Imagery**

3. Under normal circumstances the mind is able to distinguish memory and fantasy from real events in the external physical world.

4. Emotions, however, are much less discriminating and can respond similarly to visualization occurring from any of these sources.

C. Dissociation

1. Normal Dissociation

a. Occurs whenever an individual concentrates so intensely on an internal mental process that he loses touch with his external environment

1) Day-Dreaming

2) "Highway Hypnosis"

b. Can occur only when the activity being carried out by the body is so familiar that the brain has been programmed to carry it out automatically without the direction of the mind

c. The instant the brain encounters something that is out of the ordinary, it summons the attention of the mind, which brings the person back in touch with his physical surroundings.

d. Is minimally disruptive to normal functioning.



2. Pathological Dissociation

a. Dissociation lies on a continuum that progresses to conditions that become increasingly more complex and disruptive to normal functioning.

b. Dissociative Identity Disorder is the most extreme form of dissociation, resulting in the splitting of the soul.

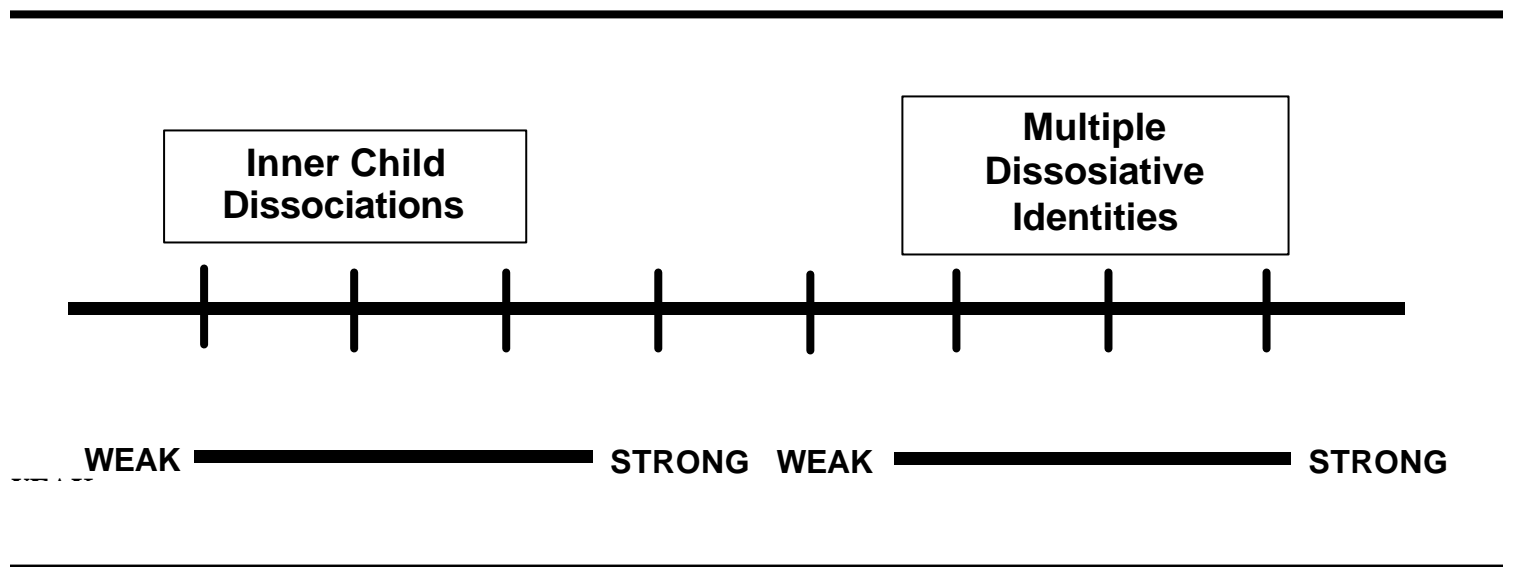
Trauma Induced Dissociations

The degree of dissociation in response to trauma seems to depend on at least two factors:

- ? The severity of the abuse
- ? The creativity of the person

When abuse is great and the person very creative, then the walls between the various sub-selves and the host are very high and thick.





1) When it develops

a) DID occurs when certain children experience repeated, overwhelming trauma which begins before the age of 7

b) However, once the individual has begun to use this extreme form of dissociation as a coping strategy at this early age, he will be able to continue splitting off new personalities at any subsequent age.

2) How it occurs

a) When a small child experiences an event that is so traumatic and carries seemingly unbearable implications, he desperately wants to escape conscious awareness of the event, but he cannot use normal dissociation because his brain has no automatic programming in place to handle what is occurring in his external environment.

b) Therefore, at that intolerable and inescapable moment of time God allows him to use an extreme form of dissociation, dividing his consciousness in a way that essentially creates two selves so only part of him has to endure the trauma of the external environment while his Core Self is shut off from all awareness of the event.

c) An enduring amnesiac barrier is put in place to keep these two selves separate from awareness of each other.

d) When trauma occurs again, the Core Self can once again escape by:

(1) Sending the previously created part out to handle the environment

(2) Creating another split in consciousness, or another new self, to handle the trauma.

e) Over time these divided "segments of consciousness" develop into separate identities able to operate independently within the person as divided portions of the soul.



3. Coping strategies used in conjunction with dissociation

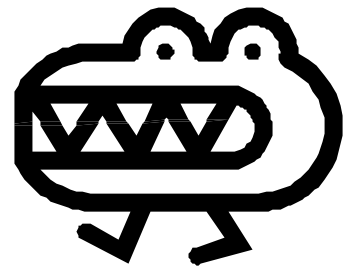
Because the traumatic event is just as overwhelming to the alter-identity (alter) left to handle it as to the escaping part, this victim alter may use some adaptive coping strategy to help lessen its impact as well.

a. Partial Dissociation

The separation of one or more, but not all, of the senses from normal consciousness (e.g, "I am only going to see this, not *feel it*.")

b. Imagination

1) To numb a particular sense (e.g. "I have alligator skin and therefore can't feel this.")



2) To change one's sense of connection to the body

a) Floating above one's body

b) Existing only in one's head, not the body

c) Re-interpretation

1) Of the meaning of the event (e.g. "This is what Daddy does to show me how special I am to him.")

2) Of some aspect of the alter's personal identity

a) Physical features ("I am husky, not puny.")

b) Age ("I am a teen-ager, not a child.")

c) Sex ("I am male, not female.")

d) Sexual orientation (I am homosexual, not heterosexual.)

e) Religion ("I am Luciferian, not Christian.")

f) Values ("Promiscuity is okay.")

g) Whatever it takes to lessen the intolerable nature of the event



The mind is so incredibly masterful in doing whatever it takes to lessen the intolerable nature of an event, not only creating separate identities but also designing each one to fit the exact need of the moment

4. Effects of divided life experience

a. Different memories

Because of the amnesiac barriers each alter carries its own set of memories and develops its own life history, which leads to the further effects listed below.

b. Different levels of learning

Susie knows how to balance the checkbook; Jane doesn't.

c. Different interpretations

Susie may equate closed doors with a need for privacy; Jane equates them with anger or abandonment.

d. Different emotional responses

Jane may be afraid of Daddy; Susie runs fearlessly to him.

e. Different conclusions about and patterns of relating to self, others, and environment = **DIFFERENT PERSONALITIES**

The existence of many personalities in one body made the former label of **Multiple Personality Disorder** so seemingly appropriate.

However, the truth is that the majority of the "Selves" do not accumulate a sufficient life history of their own to develop a fully rounded personality.

They do, however, have a distinct, dissociated identity.

Therefore the current label of **Dissociative Identity Disorder** is probably more appropriate.



Lecture 2

DIAGNOSTIC SYMPTOMS OF DID

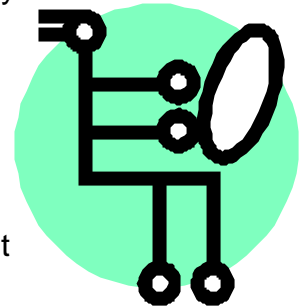
Diagnostic Symptoms of DID

I. Definitions, Frequency and Causality

A. Definition of Dissociation

The mental health field considers dissociation to be a disturbance or alteration in normal integrative functions of consciousness, memory, identity or perception of the environment. The disturbance may be sudden or gradual, transient or chronic. This describes a process whereby the mind separates one or more aspects of its function (knowing, feeling, tasting, hearing, seeing, etc.) away from the normal stream of consciousness.

Dissociation is on a continuum ranging from the normal phenomena of day dreaming, fantasy and "highway hypnosis" on the one end to the polyfragmented (highly complex) multiple whose mind is *split* into hundreds (or thousand s) of different *personalities* on the other end.



Once the child successfully employs the dissociative defense, dissociation usually becomes the preferred defensive process and often will be used subsequently even when less extreme defense processes might suffice in threat containment.

B. Definition of Dissociative Identity Disorder (formerly MPD)

This condition is defined as:

- "The presence of two or more distinct identities or personality states (each with its own relatively enduring pattern of perceiving, relating to, and thinking about the environment and self).
- "At least two of these identities or personality states recurrently take control of the individual's behavior.
- "Inability to recall important personal information that is too extensive to be explained by ordinary forgetfulness.
- "The disturbance is not due to the direct physiological effects of a substance (e.g., blackouts or chaotic behavior during Alcohol Intoxication) or a general medical condition (e.g., complex partial seizures).
- Note: In Children, the symptoms are not attributable to imaginary playmates or other fantasy play."

It is also common to have personality fragments which are defined as entities with a persistent sense of self and a characteristic and consistent pattern of behavior but with a limited (compared to a personality) range of function, emotion, or history.

As the following material will demonstrate, DID usually presents itself in a variety of subtle ways. Few will be as obvious as the stereotypical *Sybil* with dramatic, abrupt *switching* from one personality state to another. Most multiples will initially be unaware of switches and will attribute their changes in *perceiving, relating to and thinking about the environment and one's self* as **just** mood swings. Total amnesia among the presenting personalities is no longer viewed as part of the diagnostic criteria.

C. Frequency of DID

DID itself, according to a recent study of the population by Dr. Colin Ross, affects at least one percent of the general population. Many working in the field will not be surprised if further studies demonstrate that as much as five percent of the Christian population has DID. This may be because a higher number of people who have been severely wounded may seek help from churches. Some form of dissociation may affect as much as ten percent of the population. Many of these are people who, in the past, were misdiagnosed by the medical and mental health community. Previously the disorder was so narrowly defined and considered such a rarity that it was little studied or understood. Fortunately, that lack is now being corrected.

D. Cause of DID

It is generally agreed that in about 97% of the cases where multiple personalities are formed, the victims suffered serious abuse at an early age. Friesen comments, "Most of them have been abused sexually. They needed to use dissociation to cope with the abuse.... the life circumstances have been dangerous, and the children continue to suffer abuse over a long period of time. The home is not a safe place, and the child needs to keep on using dissociation to deal with the continuing abuse."

It is not always true that the home is the source of the abuse, but it is often true. DID is not caused by a brain or chemical deficiency. In fact, multiples are usually above average in intelligence and creativity. In this sense DID is not a pathological sickness, but rather a God given, temporary coping mechanism for an overwhelmed child whose only options were to dissociate, lose touch with reality (go crazy), or commit suicide. Because the cause is trauma-based rather than biological and treatment is generally effective, DID is set apart from most of the mental illnesses. It is helpful to note that the literature in the field reflects an approximately 80% to 90% *cure* rate for those multiples who stay in therapy.

DISSOCIATION

Everyone is born with a certain ability to dissociate just as everyone is born with certain talents, like athletic or musical talents. Some of the ability is natural. Some of it depends on practice. Some people dissociate readily in the face of relatively little trauma. Almost anyone can dissociate to some extent given enough trauma. People who are faced with repeated trauma can learn with practice to dissociate more and more effectively.

Children generally are better at dissociating than adults. When very young children (under the age of 5) are repeatedly put into traumatic situations from which there is no escape, the dissociation may take the form of developing a variety of personalities (or alters) to cope with different aspects of the trauma.

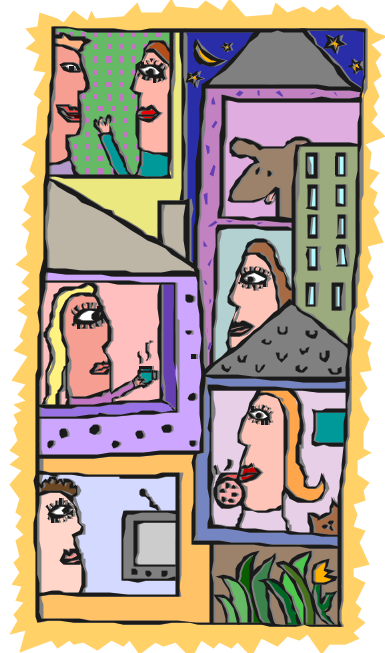
If you are a child being held down and assaulted, the only escape is within – the development of different personalities to cope with different traumas or different aspects of trauma – is a common response.

Dissociation and the development of multiple personalities become a sane response to a brutal, vicious and insane world.

For example, one person who has not developed dissociative capacities because she has not experienced many episodes of trauma, will, when raped, probably **repress** the memory - i.e. store it away in her unconscious mind as a whole memory. If and when that memory comes back at a later time, she will remember it as a whole memory and tell fairly exactly what happened.

BUT someone who has developed dissociative capacities will more than likely dissociate the rape as it is happening. She will only have partial awareness, or perhaps no awareness at all, that she is being raped. Her trauma will be stored away, not as a whole memory, but as fragmented pieces, different pieces perhaps remembered by different personalities inside.

When the different pieces of that unprocessed memory comes back, they will make little sense to her at first. Unfortunately, to be healed of those flashbacks would usually be frightening and threatening to her. She would have to process and integrate into conscious awareness each aspect of the rape experience. Then the pieces can be put together for the first time, and the memory can be experienced as a whole.



D.I.D. is in fact a sane response to an insane situation. She cannot protect her body from the assaults and the pain. She cannot protect her mind from the terror except by leaving "someone else" behind who could handle the pain - or at least a part of it, until yet another brave little someone takes over for a while.

D.I.D. is actually not a disorder. It is a GIFT. The Lord who created us, created us in His image. He created us to be creative people. He enables one to create people and hiding places within one's self in order to survive many traumas.

Dissociative identity disorder (DID) is perhaps the most creative, intelligent and elegant coping mechanism and survival technique humans are capable of creating. The foundation of DID is 'dissociation' - a psycho-physiological response that **enables a person to block especially horrible experiences such as child abuse from his/her memory.**

According to Frank Putnam, a psychiatrist at the National Institute of Mental Health and a leading expert in the study of multiplicity, DID has its origin in children before the age of 10 or 12 – usually as the result of the worst kind of physical, sexual, emotional and mental abuse - and often in the pre-verbal child, **before age five**. At a point when the abuse exceeds the child's ability to accept it into his consciousness, some children simply say, "This is not happening". But of course it is happening, so in the beginning of this incredibly complex process **the child creates another identity to absorb the pain and terror that threatens to overwhelm the "core identity" or the "birth person"**. The ability to hand off this pain and torture to an **alter identity** helps the **child survive**. As the abuse continues - especially in the case of **ritualistic or satanic abuse** - more identities may be created to take the torment. In the case of **satanic ritual abuse (SRA)** the cult perpetrators may actually induce **further fragmenting** of the identity system by creating a **"cult split"**. This newly-created alter identity, often called satanic, ritual or evil, is generally programmed to adhere to **cult ideology** without question.

Over time the child's alter identities may become more complete and to some extent autonomous, often having major responsibilities such as performing the core identity's daily work. What began as a survival mechanism often becomes a stumbling block for those with DID and may even prevent them from leading a healthy, functional life. For instance, at the first sign of even routine stress the alters can take over or "switch" in an effort to deal with a problem and protect the core identity, however, the core identity never learns to deal with pain, disappointment, fear and other crises of daily life.

HOW DOES DID HAPPEN?

One of the most difficult struggles in working with dissociative identities is in grasping the understanding of how numerous identities can be maintained within one body and one mind. How can this be and how does it work? We struggled with these questions in the beginning of our work with satanic ritual abuse survivors with dissociative identities. One of the most helpful examples in understanding the concept was given to us by God's own example.

The Bible teaches us about the **Triune nature** of God: God the Father, God the Son and God the Holy Spirit in One. When Christ was on the cross he cried out, ***"My God, my God, why have you forsaken me?"*** (Mark 15:34). While Christ carried sin to the cross, God abandoned His Son because He could not look upon sin.

Although Christ was a part of God Himself, the separation of Christ from God, while Christ was burdened with the sins of the world, was necessary in order to **PRESERVE** the holiness and perfect nature of God, the Father. While Christ did not dissociate, a similar process is observed within the child who suffers horrific abuse.

Many people have a great deal of difficulty understanding DID. It does not make logical sense to many; therefore, it is often dismissed as "faking" or the presence of "demons". God in his sovereignty provided a unique way to preserve "love, joy, peace, patience, kindness, faithfulness, gentleness and self-control" (Gal 5: 22-23) amidst tragedy, extreme abuse and unspeakable evil. This provision is called "dissociative identity disorder". When a child is going through horrific abuse, the host identity (birth identity in some cases) must look the other way in order to preserve the attributes described in Galatians. An alter identity is created to take the abuse to protect the primary identity. If the abuse is prolonged over many years, and the child has no safety, she may develop a complex system of many alter identities. For a better understanding of this on a spiritual level and a practical level, the use of **I Corinthians 12: 12-28** gives us insight into this phenomena:

Our bodies have many parts, but the many parts make up only one body when they are all put together. **So it is with the 'Body' of Christ.** Each of us is a part of the One Body of Christ. Some of us are Jews, some are Gentiles, some are slaves and some are free. But the Holy Spirit has fitted us all together into One Body...

Yes, the body has many parts, not just one part. If the foot says, 'I am not a part of the body because I am not a hand', that does not make it any less a part of the body. And what would you think if you heard an ear say, 'I am not part of the body because I am only an ear, and not an eye'? Would that make it any less a part of the body? Suppose the whole body was an eye - then how would you hear?

Or if your whole body were just one big ear, how could you smell anything?

But that isn't the way God has made us. He has made many parts for our bodies and has put each part just where he wants it. What a strange thing a body would be if it had only one part! So He has made many parts, but still there is only One Body. The eye can never say to the hand, 'I don't need you'. The head can't say to the feet, 'I don't need you'.

And some of the parts that seem weakest and least important are really the most necessary. Yes, we are especially glad to have some parts that seem rather odd! And we carefully protect from the eyes of others those parts that should not be seen, while of course the parts that may be seen do not require this special care. So God has put the Body together in such a way that extra honour and care are given to those parts that might otherwise seem less important.

This makes for happiness among the parts, so that the parts have the same care for each other that they do for themselves. If one part suffers, all parts suffer with it, and if one part is honoured, all the parts are glad. [This represents the healing process of dissociation.]

Now here is what I am trying to say: all of you together are the One Body of Christ and each one of you is a separate and necessary part of it. Here is a list of some of the parts He has placed in His Church, which is His Body:

- apostles,
- prophets - those who preach God's Word,
- teachers,
- those who do miracles,
- those who have the gift of healing,
- those who can help others,
- those who can get others to work together,
- those who speak in languages they have never learned.



This can be used as an example of dissociation. Each identity has a different function (anger is protective, addictions manage feelings, bizarre behaviour keeps everyone distant and safe). The primary job of the identities was originally to survive. However, what was once functional in a seriously abusive environment becomes dysfunctional when the abuse stops.

In the United States statistics report that one in every three girls is sexually abused and one in five boys is sexually abused by the time they are eighteen. "All sexual abuse is damaging, and trauma does not end when the abuse stops." When young children are abused they learn many coping techniques in order to survive.

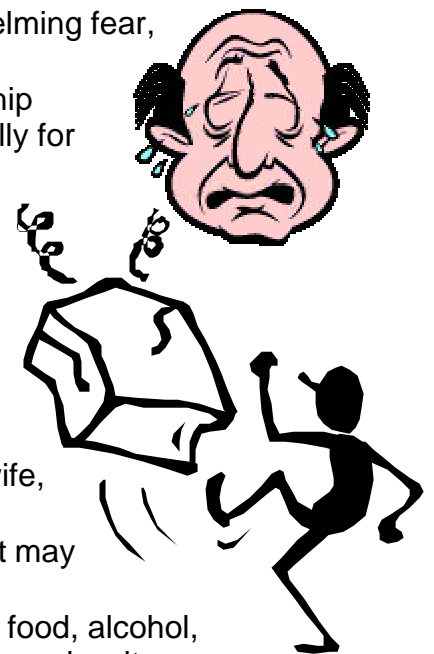
Some coping techniques are:

- Forgetting (repressed memory).
- Blaming themselves instead of the abuser(s).
- Becoming depressed (acting out or withdrawing).
- Dissociating.

Most of us have the ability to dissociate and we typically experience it as arriving at work with little or no specific memory of the drive; our minds were simply 'somewhere else'. This level of dissociation is benign and by no means chronic or characteristic as it is in dissociative identity disorder. DID occupies the far end of the dissociative continuum. Dissociative identity disorder (DID) will be discussed in detail later in the book.

When survivors begin to recover their memories, they often experience severe disruption in their lives. The disruption can last anywhere from several months to several years depending on the length and severity of the abuse and the type of care offered. Survivors may experience any one or all of the following during their recovery:

- Inability to work because of recurring flashbacks, overwhelming fear, uncontrollable periods of crying.
- Severe interruption of their role in a marriage or relationship because of shame, guilt and an inability to perform sexually for long periods of time.
- A strong desire to withdraw from church, familiar friends and supports because of feelings of shame, guilt and of being unworthy.
- Intense feelings of rage and anger that they feel they cannot control.
- Severe mood swings - high and excited feelings one moment and suicidal feelings the next.
- Inability to enjoy any pleasure in life: children, husband/wife, family, church, friends, hobbies, etc.
- Frequent extreme suicidal tendencies and depression that may lead to attempted suicide.
- Addictions that help avoid the above-mentioned feelings: food, alcohol, gambling, work, drugs (prescription or otherwise), or sex/promiscuity.
- Distrustful feelings toward those who are close: spouse, friends, family, minister, etc.
- A severe eating disorder, either eating too much or eating too little.
- An inability to sleep at night - fear of nightmares or flashbacks
- At times, extremely devastating emotional pain that leads them to feel paralysed and totally unable to function in any capacity (parent, spouse, friend, worker, etc.)
- Self-destructive behaviours: driving too fast and dangerously, self-mutilating (cutting, burning, scratching self), etc.

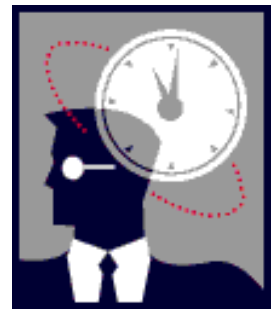


During this period of recovery, the survivor needs care-giving and support in order to survive. In some cases a spouse can assume the role of care-giver, but too many times the survivor has no one to fulfil that very important role and function. Before we explore the role of a care-giver and support persons, it is important to continue understanding more about the survivor.

DISSOCIATION OCCURRING FROM CHILDHOOD ABUSE

The **Old Testament Hebrew** word for evil is **ra'** from the root word **ra'a'**, meaning **to spoil by breaking to pieces**. This is what happens when little children are subjected to unbearable evil. Inside they break into pieces and are cut off from themselves. **Dissociation is a split in the conscious process**. During intolerable suffering a group of mental activities breaks away from the main stream of consciousness and functions as a separate unit, as though belonging to a separate person. This is how “dissociative identities” are formed.

1. **Memory loss** - Persons who have used dissociation as their main coping mechanism may be unable to remember some of the common experiences from childhood. They may complain that their past seems to be “full of holes”. They may comment that years seem to have disappeared from their past. This leaves them with the feeling they are somehow less than whole persons.



2. **Time loss** - Some persons experience the phenomenon of losing hours out of a day. They may realize it is four o'clock in the afternoon but their last memory was of eating breakfast. They may find themselves in a strange location with no memory of how they got there.

3. **Hearing voices** - They may have conversations with a another voice in their head or hear others talking inside their head. Voices may be demons or they may be alters formed through dissociation.

4. **History of headaches** - The process of “switching” to another identity often causes headaches. Persons who switch several times a day may feel they have a perpetual headache. In counselling, a severe headache often precedes a memory.

5. **Changes in handwriting** - If the counsellor is suspecting DID (dissociative identity disorder) it might be advisable to ask the client to keep a daily journal where feelings, events of the day, scriptural insights and dreams are hand scribed. Distinct changes in handwriting may be noticed if DID is present.



6. Observed dissociation during counselling - The discerning counsellor may notice changes of “personalities” during the course of conversation. For example the person may suddenly change from being distressed to being calm. Sometimes a slight shaking of the head or fluttering of the eyelids will be noticed.

7. Cognisance of internal children or identities - The person may be aware of little children inside, perhaps many, or other identities.

8. Frequent changing of clothing - Some persons change clothing several times a day because different alters want to wear outfits complementing their distinct identities. A male alter will insist on wearing slacks or jeans, a seductive alter may desire low-cut blouses, etc.

9. Very few clothing ensembles - Some persons may tire of the endless bickering over clothing by their alters and strip their wardrobe to only a few items.

10. A sense of deprivation - Some people with DID feel they have missed out on life. This may stem from not being able to remember much of it. For example one woman felt deep regret over the fact that she could remember very little of her relationship with her son as he was growing up. She felt she had missed the experience of parenting because most of it was forgotten.

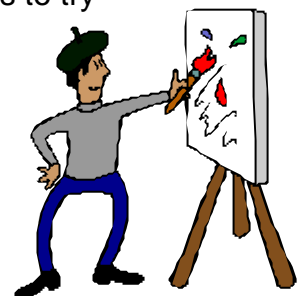
11. Inordinate desire to please others - An abused child learns to try to please everyone in hopes of not being severely punished.

12. Intelligent and creative - These characteristics are necessary to have the ability to dissociate. Creativity may be evidenced in poetry, art, music, etc.

13. A highly developed imagination - When abuse is severe and there is no safe place for escape a child has to go inward into the imagination and invent his/her own safe world.

14. A desire to play or collect stuffed animals - Because the person may never have been allowed to be a child, child alters may surface when alone and want to play.

15. Emotions disconnected from cognitive thoughts - The ability to talk about horrendous abuse (which has not been healed) with no emotion may be an indication that one identity is describing something that happened to another identity.



The ability to dissociate is a marvellous coping mechanism that enables one to experience episodes of horror that would otherwise drive one insane. Rather than call this ability “dissociative identity disorder” some have suggested naming it “dissociative identity **gifting**”. We prefer to tell our clients they “split off from themselves” or they “dissociated”.

SYMPTOM CLUSTERS ASSOCIATED WITH DID

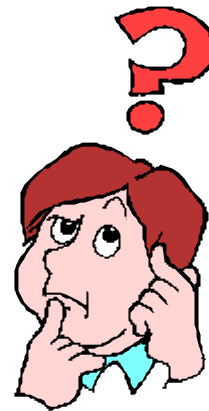
It is useful to inquire about various aspects of the person’s life and behaviour before a diagnosis is made. Symptoms indicating DID can be grouped together in clusters. Information about the following symptom clusters can be useful in the diagnostic process:

Post-traumatic stress disorder symptoms

- Sleep disturbances.
- Flashbacks of traumatic experiences.
- Alteration in concentration and attention.
- Physical symptoms.

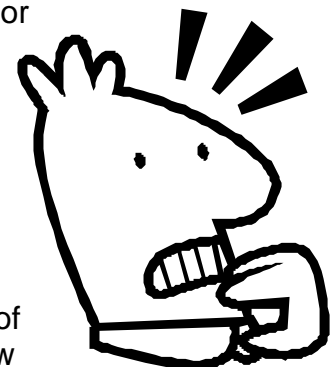
Dissociative symptoms

- Little or no memories of childhood years.
- Amnesia.
- Trance-like behaviours.
- Switches.
- Hearing voices in the head.
- Hypnotizability.
- Feeling as if someone else has taken over control of the body.



Affective symptoms

- Strong mood swings accompanied by changes in perceptions, values, behaviours, feelings, attitudes, likes and dislikes; abrupt or subtle changes indicate personality switches; often the predominate mood is depression.
- Periods of extreme anger.
- Periods of depression.
- Extreme anxiety.
- Inappropriate emotions.
- Total lack of emotion at times or appearing to others as being unaware of feelings or going through the motions of life, like a robot (“I feel empty inside” or “I don’t ever know how or what I’m feeling”).

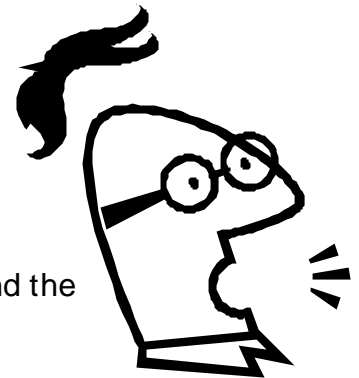


Somatic symptoms

- Frequent headaches.
- Medical symptoms without a reason.
- Fluctuation of medical symptoms.

Behaviour symptoms

- Eating disorders.
- Addictive behaviours.
- Self-mutilation.
- Suicidal tendencies.
- High tolerance of physical pain/numbing.
- Hypervigilance/scanning - walking into a room and detecting moods; nervous, always watching others' behaviours and movements.
- Exaggerated startle response, i.e. you may walk up behind the person to say hello and the person gasps and jumps.



Mental symptoms

- Fluctuation in intellectual abilities.
- Confusion about time (loss of time).
- Confusion over possessions (find things they can't remember buying).
- Can not remember saying things.
- Confusion about their behaviour.
- Confusion about people and relationships.
- Problems with a "terrible memory".
- Flashbacks.
- Different handwritings.



Lecture 3

MEMORY – HOW RELIABLE IS IT?

Memory – How Reliable is it?

1. Introduction

A. The inaccessibility of traumatic memories

1. Many of the traumatic events took place:
 - a. At pre-verbal ages
 - b. Before the child's brain had capacity for narrative memory
2. Others were so overwhelming they were:
 - a. Repressed
 - b. Dissociated



B. The questionable reliability of recovered memories

1. Many clinicians have believed that every image that comes into one's head is a precisely recorded memory.
2. The False Memory Syndrome Foundation claims there is no such thing as a recovered memory.
3. Survivors constantly debate whether their returning memories are true; yet something has to account for all the other symptoms in their lives.

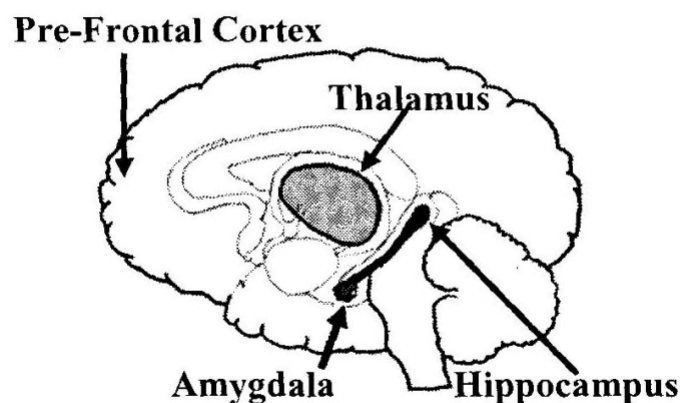
II. Narrative Memory

A. Definition

Memory that is put into language and made a part of one's total life experience.

B. The Neurobiology of Narrative Memory

Memory Organs of the Brain



1. Sensory organs

- a. Receive data from the environment
- b. Send data to specific brain receptor sites

2. Thalamus

- a. Collects incoming sensory data from brain receptor sites
- b. Begins correlating it into a single unit

3. Amygdala: The Emotional Memory Organ

- a. Emotionally assesses data without cognitive knowledge
- b. Determines the pituitary's (physiological) response
- c. Determines the degree of response from the hippocampus in recording the event as Narrative Memory

4. Hippocampus: The Cognitive Memory Organ

- a. Processes the data

- 1) Interprets the emotional response of the Amygdala
- 2) Translates the sensory data into narrative form
- 3) Sorts and indexes the data
- 4) Stores the data for future retrieval

- b. Serves as the brain's "library" or cognitive "memory bank" with its own elaborate filing system

- 1) As the data comes in, the hippocampus forms "books" of different titles in which to store that data.

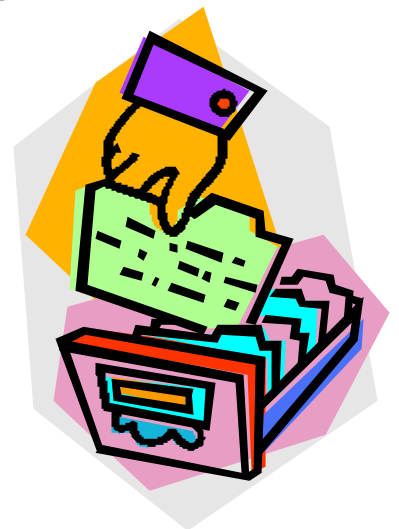
- 2) All through our lives it continues to sort incoming data into these books:

- a) Creating new books

- b) Constantly adding to and modifying the existing books.

- c) Performs in direct correlation with the degree of arousal of the Amygdala (See chart on next page.)

- 1) If the Amygdala is totally non-responsive (as in sleep), the Hippocampus records no data.



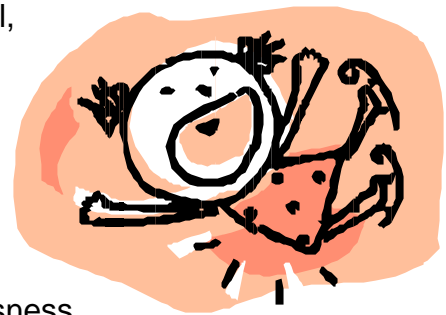
2) If the Amygdala shows very little arousal (as in familiar, expected, or uninteresting events), the Hippocampus pays little attention and records very little data.

3) If the Amygdala is *more strongly* aroused (as in interesting or important events), the Hippocampus pays more attention and recognizes the need to record it.

a) If this is the first encounter with this kind of data, it will create a new file, but both the quantity and quality of the record will be decreased.

b) If this is not the first encounter with this kind of data, it will add to its existing file and record a greater quantity of data with greater accuracy.

4) If the Amygdala is *intensely* aroused (as in unusual, unexpected, or frightening events), the Hippocampus will pay extreme attention and record the data with great accuracy.



a) This is called "hypermnnesia."
The memory:

- (1) Remains in the normal stream of consciousness
- (2) Is recalled in abnormally vivid or complete detail

b) This is the typical response to isolated traumatic events occurring as an older child or adult.

5) If the Amygdala is *excessively* activated (as in highly traumatic, overwhelming, or terrifying events), the connection to the Hippocampus is impaired so no transmission of data to the Hippocampus takes place and the events get stored as isolated sensory imprints or affective states.

a) Van der Kolk calls this "chronic dissociative amnesia." In this case the memory:

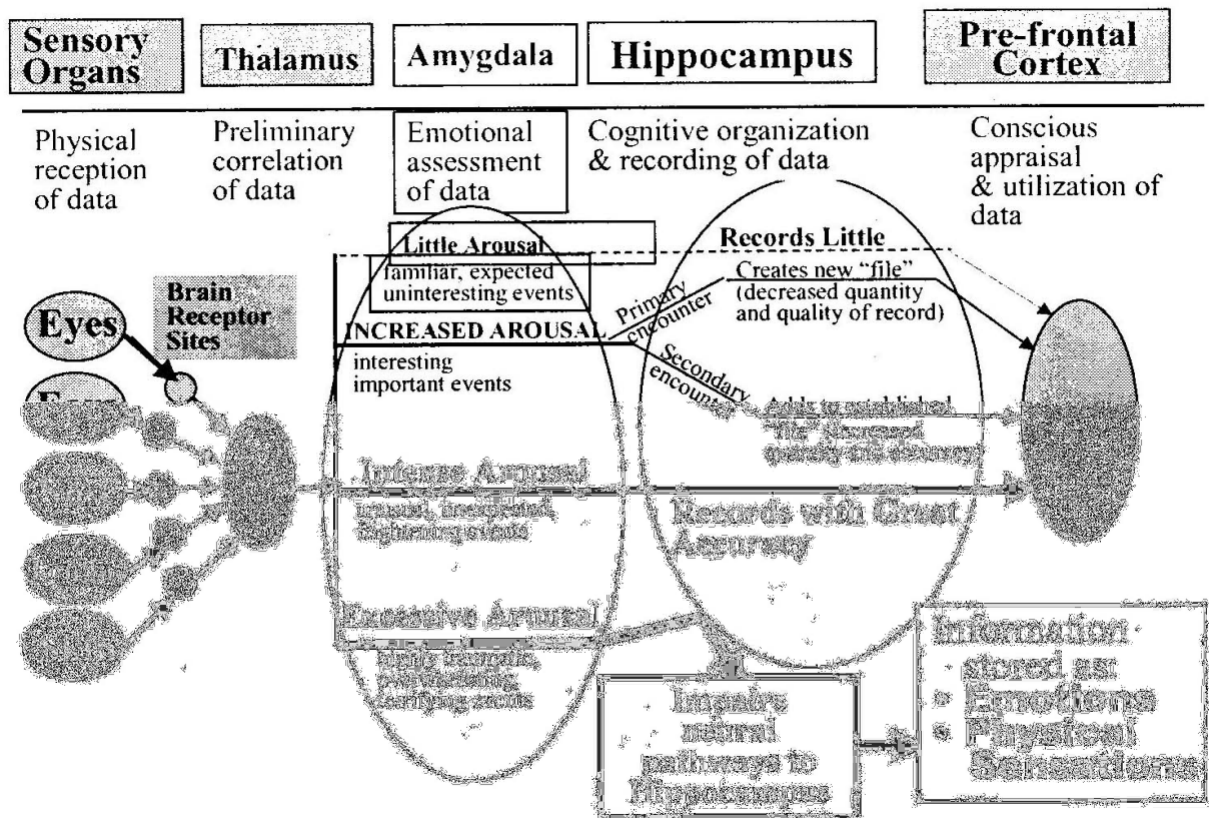
- (1) Is isolated from the normal stream of consciousness
- (2) Cannot be voluntarily recalled but can be triggered in situations reminiscent of the original trauma.

b) This response is more typical in cases of repeated, severe traumatization occurring in early childhood.

c) In extreme cases this can result in Dissociative Identity Disorder.

5. Pre-frontal cortex

- a. Consciously interacts with the data intellectually
- b. Utilizes the data



C. The Recall of Narrative Memory

Narrative Memory can be triggered spontaneously or recalled voluntarily.

D. The Accuracy of Narrative Memory

Depends on:

1. The extent and quality of what was originally recorded.

2. According to Van der Kolk, this is determined by:

- The familiarity of the event
- The degree of mental attention paid to the event
- The subjective assessment of the event

a. The normal integration process that takes place with Narrative Memory

Way back in 1889, Pierre Janet said, "Once a particular event or bit of information becomes integrated in a larger scheme, it will no longer be accessible as an individual entity, and hence the memory will be distorted" (Janet; 1889).

b. The social modifications that take place and get re-enforced in re-telling it. The more we talk about an event, the more chance there is for distortion.

III. Traumatic Memory

Definition

FRIGHTENING EVENTS which are outside of ordinary human experience and cannot be organized on a linguistic level but are instead assimilated directly as a somato-sensory event and not integrated with other memories (B. Van der Kolk & O. Van der Hart, p. 442).

In other words:

1. These memories overwhelm the normal data processing mechanisms of the brain.
2. The brain is therefore unable to translate them into words
3. These memories thus get stored separate from Narrative Memory.
4. They get stored as raw data just as they are received through the 5 senses.

B. The Recall of Traumatic Memory

1. These memories cannot be voluntarily recalled.
2. They may be evoked automatically – or triggered – in situations that are reminiscent of the original trauma.

Because the memory was never processed by the Hippocampus but was stored in its raw sensory and affective form, it can only be recalled as a virtual replay of the emotions and physical senses of the original event.

- a. It will feel to the survivor as if the event is re-occurring in the present.
- b. In psychological terms this re-experiencing of a past traumatic event is called an "abreaction."

Lecture 4

EXPOSING SATAN'S MOST POWERFUL AND BEST KEPT SECRET

THE FALSE CHURCH (ILLUMINATI & NEW WORLD ORDER)

ILLUMINATION / ENLIGHTENMENT

Where did it start?

It is not something new. It's been there since the Garden of Eden.

Genesis 3:4-5: *"4 But the serpent said to the woman, You shall not surely die,
5 For God knows that in the day you eat of it **your eyes will be opened**, and you will **be like God**, knowing the difference between good and evil and blessing and calamity."*

We know that Adam and Eve were not blind and yet...

Genesis 3:7: *"Then the **eyes** of them both were **opened**, and they **knew** that they were naked; and they sewed fig leaves together and made themselves apronlike girdles."*

What does this mean?

We know that this does not refer to the **physical** eye and therefore has to mean the **minds eye** – to enter into the world of illumination / the mind of Lucifer / enlightenment. But what does this state of enlightenment mean?

Enlightenment has been developed as an alternative to Judaism and Christianity. Both of these religions have a common source, namely the Bible / Torah and acknowledge only One God / "Hashem".

Enlightenment replaces Judaism and Christianity with a religion of the **reason of the mind** and is made up of a mixture of the worship of sun, moon, stars and planets with conflict between good and evil overcome by a process of the enlightenment of the mind, examples are:

- Buddhist
- Hindu
- New Age

Now – you are god!!!



Development of the History behind the legend that “connects” the “Crucifixion” with Occult Beliefs.

The Merovingian dynasty ruled France for 300 years – from the 5th to the 8th centuries. It is also true that most of Europe’s monarchs have been from the Merovingian lineage from the Middle Ages until today.

To find the answer, we must research ancient history and trace the migration of nomadic tribes. Merovee was king of a Germanic tribe called Franks. His name “echoes the French word for ‘mother’ as well as both the French and Latin words for ‘sea’.”

According to the legend reported in HOLY BLOOD, HOLY GRAIL, Merovee was born of two fathers. It was said that his expectant mother went swimming one day in the Mediterranean Sea and was attacked by a dreadful sea creature that impregnated her with a divine seed. Not only was Merovee the son of Clodio, King of the Franks, he was also supposedly the son of a beast of Neptune. It was believed that in his veins flowed a comingling of two different bloods; the blood of a Frankish ruler and the blood of a mysterious aquatic creature. Since that, of course is not possible, it was suggested that the story of the sea creature may have been symbolic of his lineage, leading to the development of the legend that he was of the offspring of Mary Magdalene.



It is believed to this day by the people in Provence, a district in southern France, that Lazarus and his two sisters, Mary Magdalene and Martha, landed there when they sailed across the Mediterranean to France, escaping the Roman destruction of Jerusalem in A.D. 70. So the belief that the mother of the Merovingian dynasty came from the Mediterranean Sea (or from across the sea) may have originated from this symbolic fairy tale. She is still considered today, by those who ascribe to the belief of the “holy bloodline”, to be the progenitor of Merovee – 400 years removed.

A clue to where the Merovingians possibly originated is found in ancient Norse mythology. Merovee claimed to be descended from Odin, one of the gods worshiped by the Teutonic people of northern Europe - after whom Odin's Day (also called Woden's Day), or Wednesday, was named.

Occult legend has it that Jesus did not die, but married the Harlot Mary Magdalene and produced children who would be kings. There are **13 prominent bloodline families** who are the keepers of the treasure that was stolen from the temple in Jerusalem. These prominent families are the ones behind the New World Order.

The story goes that Mary Magdalene possessed the “celebrated vase” filled with healing balm.

This could be a reference to the Alabaster box of ointment with which she supposedly anointed the feet of Jesus – or could it be a reference to the Grail? Mary Magdalene reportedly fled Jerusalem in 70 AD, with her so-called “sacred” children.

She sailed across the Mediterranean to France, bringing the cup from which Christ drank the last supper and in which her alleged uncle, Joseph of Arimathea, had caught the blood of Christ.

The cup and the “stone” appeared to be only symbolic of a deeper esoteric meaning. These so-called “guardians” of the Grail have made the cup to become symbolic of another “vessel” which supposedly contained and preserved the bloodline of Christ – namely the body – or perhaps I should say the womb of Mary Magdalene.

This age-old worship of the Magdalene appears to be the result of an esoteric mystery religion – **Revelations 17** “*Mystery, Babylon the Great*”.

Goddess worship is a motivating force for women’s movement (Women’s Liberation, Feminism and the New Age Movement) who are seeking to replace Christ with a woman. The major spiritual force behind some aspects of the feminist movement is witchcraft – based upon the power of female sexuality derived from a mystical relationship with Mother Nature and Mother Earth. Goddess worship, Wicca, and Witchcraft are all names for a form of so-called “natural religion” centred around the mystery, sexuality, and psychic abilities of the female.

In the esoteric sense, the womb of Mary Magdalene becomes the Grail – preserving the bloodline or lineage of Jesus. Her offspring supposedly married into the Royal Family of the Franks, eventually producing a king to sit upon the throne – Merovee, from which has come the so-called sacred Merovingian bloodline.

Current research connects many of the early kings of France, Germany, Austria, and England as well as many of the Popes of the Roman Catholic Church to this bloodline which owned the Lance.

One of the lines of this dynasty concludes with the Habsburg family from Austria / Roman Catholic Church. Napoleon abolished this kingship in 1806, but this family traces its image back to 1273

Statue of Liberty

A century ago the Frenchman, Auguste Bartholdi, built a statue and placed it in New York harbor. Its construction was funded in large part by the Freemasons in France and America. The figure stands dressed in a Roman toga – and in her hand, a golden cup-like torch. Could it represent the Grail? Does it symbolize the Magdalene bloodline enlightening the world?



Historical evidence of the “legend”.

1. Otto von Habsburg – 1912

- Holds the title of Duke of Lorraine and King of Jerusalem although the Monarchy was abolished by Napoleon.
- Promoting the United States of Europe. (New World Order)
- It is believed that he is of the lineage of David, offspring of Jesus Christ and Mary Magdalene and whose family emblem.
- The crown of the Holy Roman Emperor, the Royal Crown Jewels and the Legendary Spear – are all kept today in the Hofburg, the Treasure House of the Habsburgs in Vienna, Austria.

1. **Lance** (said to be the one used to pierce Jesus’ side) – Museum Vienna Austria

2. **Holy Grail/Graal** –It was said to be used by Melchizedek as he offered the bread and wine to Abraham on Mount Moriah. It was also said to be preserved in the mystery cults of Hercules. It was guarded in a Phoenician temple in Tyre, the city of Hiram, the king who designed and built the temple for Solomon. Eventually, it passed into the hands of the queen of Sheeba, the so-called “queen of star wisdom” who brought it to king Solomon. It was also supposedly the cup from which Jesus drank at last supper and which was filled with His Blood. The wafer of bread, said to represent the Body of Jesus, is also a symbol of the Sun God and would be placed on the Grail.)

3. **Silver Chalice** – Museum New York.

The Lance / Spear:

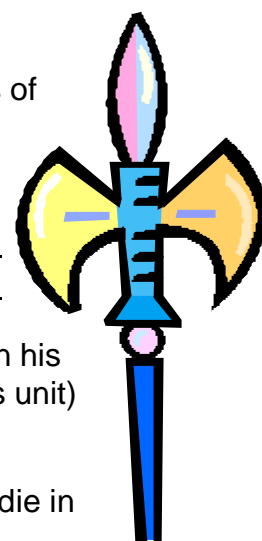
The lance has had a tremendous fascination for some of the leaders of this world.

The story goes:

“He who possesses the lance/spear rules the world.”

1st owner: Roman Soldier Martitues who became a Christian. When his superior calls on him to worship Roman gods he refuses (as does his unit) and 6666 men are sacrificed.

Roman Catholic Church: 14th Century Inquisition – 60 000 people die in one day.



1st World War: German leader wanted the spear but still kills 2 000 000 Turks and Armenians.

2nd World War: Hitler steals the spear/lance in 1938 and kills 6 000 000 Jews.

Development and the foundational teaching and principles of various Secret Organizations in relation to the “legend”.

Secret Organizations

Many variations of such organizations have developed, gone underground, and continue to exist, who:

- Have their roots in the occult.
- Have a vision of replacing Christianity.
- Have a vision of a New World Order.

Many of these organizations have strong links with religions (in terms of principles) and often carry/use the **same symbols**.

In 332 A.D. Constantine moves the capitol away from Rome and this caused a split in the Roman Catholic Church:

- Roman Catholic Church; faltering
- Eastern Orthodox; strong

The pope made allegiance with many of the kings to regain control and dominance.

In 1099 the Priority of Zion was established:



Knights Templar

The mystique surrounding the **Knights Templar** has not diminished. There have been a few contemporary organizations which claimed to possess a pedigree from the ancient organization. Certain **Masonic lodges** have adopted the grade of Templar, as well as rituals supposedly descended from the original order. In the United States, young men are admitted into the DeMolay Society – a fraternal organization – most without adequate knowledge of the origin of the name. It was taken from, Jacques De Molay, the 14th century Grand Master of the Knights Templar.

In the **Mormon temple**, certain rites are performed which are identical to Masonic rites. Mormonism also has a philosophical connection to the order of the ancient Templars.

In the last century, **Helena Blavatsky**, founder of theosophy, spoke of an esoteric wisdom tradition running back through the **Rosicrucians** to the Knights Templar. The teachings of Helena Blavatsky can best be seen in the New Age Movement today.



Toward the end of the 19th century a sinister Order of Templars was established in Germany and Austria employing the swastika as one of its emblems. At first it was known as the Thule Society but later changed its name to the Nazi party. But let us not forget that the Order of the Knights Templar was, at first, only a front organization for a more secretive group known as the **Priory of Zion**, whose real purpose was to capture the wealth of the world, establish their own world government, and introduce a Merovingian king to sit upon a throne in Jerusalem. They are said to be the true possessors of the Temple treasury and the behind-the-scenes controllers of the world's currencies.


In 1979 Mr. Pierre Plantard de Saint-Clair, the present Secretary General of the Priory of Zion, was interviewed in Paris, France by reporters from the BBC. When asked the question, "Does the Priory of Zion possess the treasures of the ancient Jewish Temple?", he said, "Yes." He added, "They will be returned to Jerusalem when the time is right." Pierre Plantard is himself a descendant of the Merovingian bloodline.



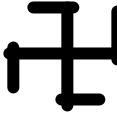
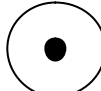
In 1118 a front organization was established to represent the Priory of Zion. These were the people who went to Jerusalem to "regain" the city and to protect the treasure of the temple. None of the treasure was ever found. However, the Knights came home **rich** and set up Kingdoms and a financial empire, which still exists today!

In 1188 the relationship between the Priority of Zion and the Knights Templar was broken. The Knights Templar then made war against the Roman Catholic Church when the organization tries to capture the treasure.

The Knight Templar moves to Scotland and become the **Scottish Rite**.

Other Organizations that have the same grades/levels; the same rites/rituals:

De Molay Society; USA	
Mormon Church	

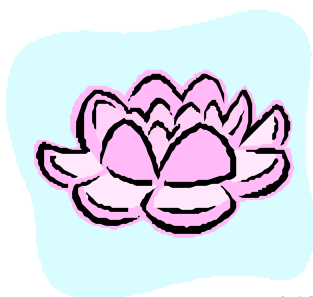
Masonic Lodges	
New Age	
Thule Society – Become Nazi Party	
Illuminati – Starts 1/5/1776 Rosicrusianism uses the same sign as Pharoah Amenhotepen IV	

Combination of the information contained in the previous chapters together with poems and writings which produced the foundational teaching and principles on which Hitler based his regime:

The Legend of the Holy Grail

Sometime between 1195 and 1216 A.D., **Wolfram von Eschenbach** published PARCIVAL, a poem about the quest for the Holy Grail. It was no ordinary work but an initiation document of the highest order. The pathway to the Grail was to be accomplished **degree by degree**. The search and ultimate attainment of the Grail was thought to represent a gradual development in the inner life of the soul from a state of dullness to a positive spiritual awakening. This compares significantly with the goal of the New Age Movement today.

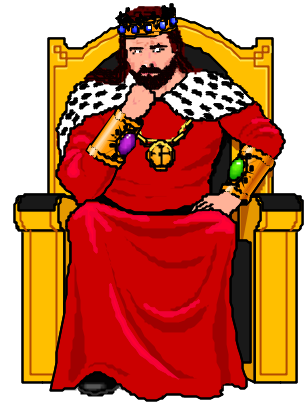
Wolfram Von Eschenbach began his poem by describing a city under siege – **Petalamund – a mystical city** in medieval times located somewhere in the **middle-ground** between **east and west**. A battle takes place at each of it's



16 gates. Around the city a fierce conflict is waged – a **black army** and a **white army**, each laying siege to 8 gates of the city. The city called Petalamund is of course fictitious –the word actually present the **petals of a lotus flower**, the symbol used in Buddhism and also in the New Age Movement. It is said to represent the battle between **good and evil** taking place within a person who is trying to work out his **karma** while

practising TM, the mystery cults sits in a so-called lotus position – symbolic of the battle of Petalamund, found in the Legend of the Grail.

The Legend of the Grail seems to reflect upon events in the 9th Century, which were to determine the **future kingdoms of Europe**. It was thought to be a time when the **Merovingian bloodline** found it's way, through intermarriage, to the establishment of the **thrones of Europe**.

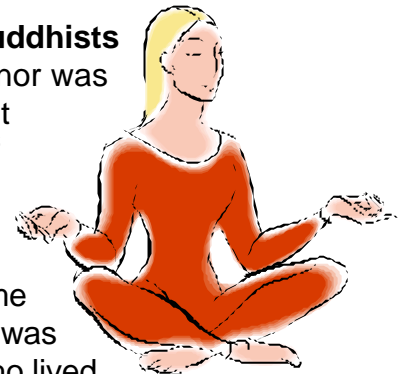


Percival, the hero of the poem, starts out as a naïve young man who desires to become a knight of **King Arthur's Round Table**. Through a series of adventures, he finds the castle of the Holy Grail, at none other than the **Rennes-le-Chateau**, in the **South of France**, the reputed home of **Mary Magdalene**, and later of Merovee and his dynasty. Eventually Percival becomes the possessor of the Grail, the King of the Grail castle and the protector of the Grail family – the Merovingian bloodline.



Hitler, however, believed in something called the "Secret Doctrine," which promoted the idea that there were **seven races of humanity** – who all had their origins on the ancient continent of **Atlantis**. These seven races were known as the Rmoahals, Tlavatli, Toltecs, Turanians, Akkadians, Mongols and Arians.

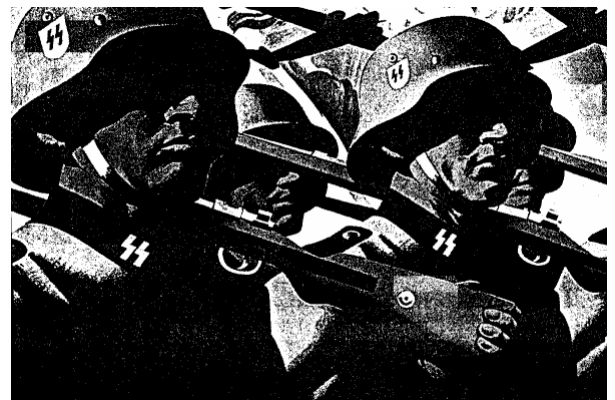
The so-called Secret Doctrine first appeared among the **Buddhists of ancient Tibet**. It was not taught in an intellectual manner, nor was it passed down as a teaching from generation to generation. It remained a Secret Doctrine, revealed only to a special group of people who practiced **astrology** and **Transcendental Meditation**.



The concept for the **Lost Continent of Atlantis** originally came from this so-called Secret Doctrine, taught in ancient Tibet. It was expanded upon, however, by Plato, the Greek philosopher who lived some 400 years before the birth of Christ. According to Plato, Atlantis was a large island continent in the Atlantic Ocean.

Later great earthquakes and floods shook Atlantis and submerged it. During a single day and night of rain, the island sank into the sea.

This, of course, is a ridiculous perversion of history. It is, however, the basis for the so-called Secret Doctrine, which is at the heart of the mystery cults. It was believed and taught for truth by the **Thule Society** which, as we previously mentioned, became known as the **Nazi movement**. It was their primary source of inspiration for the Nazi attempt to destroy all Jewish life on the planet.



It is important that we understand Hitler's concept of the Aryan race, for it is the underlying reason why he killed six million Jews. Furthermore, it is one of the guiding forces of the New Age Movement today.

According to the so-called Secret Doctrine, the people of Atlantis were not crude and primitive creatures. They lived in a fog, they couldn't see beyond a few feet. Because of this, they supposedly developed the **ability to see with their third eye** – the eye of clairvoyant perception. **Their mind-power was greatly enhanced.**

Though modern man is most conscious when awake, the Atlantean experience a **lowering of consciousness** during the day and at night experienced a **heightening of consciousness** and could communicate with celestial hierarchies. (I would call them your local friendly demons.) It was said that these ancient Atlanteans possessed magical powers and roamed the universe through astral projection, a phenomenon which occultists claim to experience today.

The Secret Doctrine taught that their speech was intimately connected to the forces of nature. **Their words could not only advance the growth of plants and tame wild beasts, but also could bring about immediate and miraculous healing to the sick. On the other hand, their words contained terrible forces of destruction against their enemies.**

In order to preserve humanity, **a master race of Atlantis** was founded. It was called the **Aryan race**.

The breeding of this new race took place in the bitter weather conditions of the mountainous regions in the far north of the continent. Gradually, with the passing of many generations, a body emerged which was firm enough to withstand the effects of adverse soul powers – those magical problems which had disfigured the earlier races of Atlantis.

The **new Aryan race** was designed and developed with a **physical brain** which became the **essential instrument of thought**. Over a period of several generations, the ego and the first human experience of self-consciousness was awakened.

The Aryan peoples were led out of Atlantis by the great Manu - the last of the **sons of god or super-men**. Their migration took them across Europe and Asia into the area of the Gobi Desert – and from thence to the heights of the **Himalayas in Tibet**. There on the top of the world, at **Shambala**, the sun oracle was founded to mastermind and direct the **seven civilizations of the post-Atlantean age**.

It is not difficult to imagine why Adolf Hitler thought that the Aryan race should be called the **Master Race**. We can also understand why he thought the Aryans could produce a new brand of Nazi super-men who would preserve the purity of the bloodline by destroying everybody on the planet who was not of Aryan descent.

He estimated that there were some **11 million Jews** in the world, and he planned to murder every one of them. But that was only to be the beginning in his purge of the planet. His plan was to destroy all but the Aryan race, whose mental powers could then be developed without hindrance as they gave themselves to the guidance of the super-men, the spirit beings or god-like spiritual hierarchies, who would come to live in their bodies and guide them in the redevelopment of their magical powers of the mind.

According to Adolf Hitler who believed in the mysteries of the Grail, he believed that the story of Percival was in reality a **prophecy to be replayed on the stage of World history a thousand years later, in the 20th Century. Hitler believed himself to be the reincarnation of the Grail's Landulph of Capua and ninth-century Lord of Terra di Labur, possessor of the "spirit of the anti-christ".**

In **1938** Hitler stole the spear from the **Habsburg** family and marched on to conquer the world. **The spear and the cup represent the contrast between good and evil.**

The **Grail castle** in the story of Percival who rides through the **constellations of the Zodiac** in his quest for the **Golden cup**. His destination is **Aries** where lies the **Castle of the Holy Grail**. According to the doctrine of the ancient mystery cult, as he enters the Grail castle, he is entering the mystery world of the human body, the brain, where the **"stone of light"** resides. The stone is supposedly the **Pineal gland**, located at the base of the brain. It is the so-called **"centre of man's consciousness"**. According to the ancient mystery cult, at the moment of body-free consciousness, which can be attained through Transcendental Meditation, a man perceives the birth of light forces within his own skeleton. His whole physical body becomes penetrated by a new force, opening the third eye, the eyes of perception. That is the concept of the grail. **It is said to be an enlightenment of the human karma.**



As one gazes upon the "stone of light", a mystical light arises from the blood in the human heart to initiate a transformation of the brain in the **Pineal gland**. This so-called transformation passes through the equivalent of **seven faces of the moon** and becomes the very highest of clairvoyant perception – the third eye. As long as one gazes on the "stone of light", he cannot die. Such a **"stone of light" stands today in the Meditation Room at the United Nations**. In the centre of the room stands a 6½ ton **lodestone altar**. It is a natural magnet emitting magnetic waves. Those who use the room for meditation, can look beyond the stone to a three-dimensional mural at the front of the room. The painting contains a circle depicting the sun, half of which is black.

With all this above information and research, we can conclude that there is a Secret Organization based in Europe, which down through the centuries, has been the guardian of a so-called “holy bloodline”. Their ultimate goal is World Government!

This mysterious group is presently made up of over 9000 men and they are holding fast to the teachings of their greatest prophet – Buddha. Little by little they have been preparing the political climate across the world for the emergence of a one-world government and the introduction of a **global dictator**.

Why Mind Control?

For these men to run the World, they need to control the minds of men and women and to make slaves of them to work for them in this New World Order.

The Process to Enlightenment / Illumination

The mixture of Godly principles, images and pagan beliefs is found often. The process of mind control is a lengthy one of indoctrination into a belief system. Some of the steps are:

- 1) New definition of the conflict between good and evil.
- 2) Mans soul escapes his body through wisdom/Karma/chakras.
- 3) Wisdom is obtained through initiations.

There are two paths to achieve this objective:

Path I:

- | | | |
|--|---|-------------------------------|
| <ul style="list-style-type: none">- Slow- Yoga and Transcendental meditation- Opening of the 3rd eye- Clairvoyance- Spiritual master Guru- Sun worship | } | New Age
Hindu
Buddhists |
|--|---|-------------------------------|

This process is very slow. In an attempt to achieve the goals of mass mind control an alternative is needed.

Hitler fed the people fluoride which has the effect on people that they do not resist in any way. The medical experiments that were done in the concentration camps during the Second World War with all the human material available for experiments have pushed forward the methods of Mind Control. Dr. Joseph Mengele was one of the medical doctors that were trained in the many techniques of Mind Control.

Secret Organizations have been used as places of applying satanic ritual abuse to make slaves for the New World Order.

Path II:

- Faster!!
- Black Magic/Occult
- Mind Expanding drugs
- Trance Channelling
- Extra sensory perception



Hitler

1. Drawn to a new level of intensity by World War II
2. Continued within the organization of the New World Order “Men in Black” USA.
3. Satanic Covenants

Both Paths lead:

- to exposure to the spiritual hierarchies of darkness
- to the concept of “we are god” and therefore we are godlike and we are the master race from Atlantis. (See “The Four Elements” teaching on Atlantis and water spirits.)

Purpose:

- to establish a New World Order

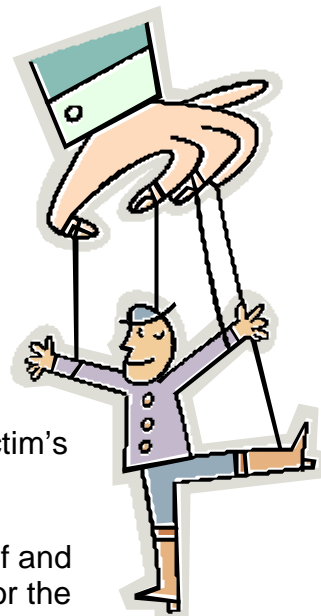
Excerpts taken from Guardians of the Grail by J.R. Church

What is satanic ritual abuse?

Ritual abuse is any **systematic pattern** or practice by an individual or a group toward children (or adults who are emotionally and/or physically unable to resist or escape) that constitutes abuse of power in order to **harm and control** the victim. Such practices may sometimes appeal to some higher authority or power in justification of the actions taken. This abuse may be mental, physical, emotional, spiritual or sexual.

Ritual abuse is aimed at **deepening the silence** of the already powerless, the poor, the young, the innocent, the used and the desperate. Victims are often forced to engage in promiscuous and/or sadistic acts - sacrifices in which one or more persons are tortured and killed - cannibalism, pornography, drug abuse, and other provocative and cruel abuses. Society's denial of the existence of ritual abuse must be recognized as an enabling stance that assists in the continued perpetration of these heinous acts.

- Ritual abuse is about **secrecy, power and total control**.
- Ritual abuse is **torture**. It is a calculated effort on the part of perpetrators to systematically **brainwash** victims through physical, emotional, sexual and spiritual violation.
- Perpetrators attempt to destroy basic human values and inculcate their own distorted belief system. Through the use of mental coercion and physical torture they are able to gain control of a victim's thought process and behaviour.
- There is an attempt to distort a victim's sense of self and reality so that he/she feels personally responsible for the heinous acts of violence that are being committed.
- The child/victim is trained to make and enact violent decisions and to believe that the desire to behave that way comes out of their own innate evil. Therefore, victims are often unable to hold their perpetrators responsible.
- Many cult rituals violate state and/or national laws. Abuse can include promiscuous and/or sadistic sexual acts, sacrifices, cannibalism and other provocative and cruel abuses.
- Ritualistic crimes are generally motivated by the perpetrators' desire to control and abuse the victims. Any ideology can be used as a justification or a framework for abuse.

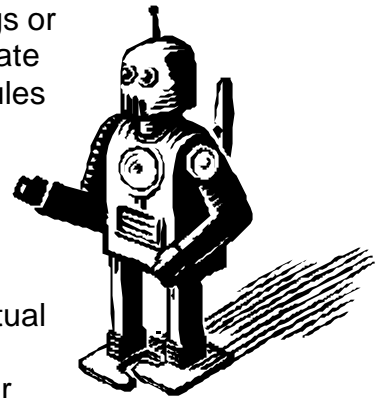


- Often victims are programmed to kill themselves if they ever reveal information about specific rituals and/or the organizational structure and leadership within the cult.

Satanic ritual abuse is very different from “normal” child abuse in that the abusers are not merely acting out their own sickness or unresolved rage from their own childhood abuse. Cult abusers are following prescribed ways of preparing children for cult membership and receptivity to Satan’s demands. The following goals of ritual abuse are conscious and distinguish it from more commonly recognized child abuse:



- Specifically promotes certain forms of dissociation that will result in splitting or fragmentation of self-identity. This increases susceptibility to cult control, and is believed to foster astral projection (out of body experiences) which is an important ability to develop in the cult.
- Targets the elimination of all spontaneous emotional feelings or even a unique sense of self. Basically the cult wants to create “robots” to be programmed and directed according to cult rules and purposes. Emotions are only to be elicited at the convenience of the cult in service of certain tasks or learning experiences.
- Purposefully interferes with important early developmental processes such as object constancy and promotes a perpetual fear of abandonment. The cult intervenes often with infants and toddlers to destroy basic attachments (switching mother figures) which would normally promote internal security.
- Ensures the longevity of the cult by utilizing brainwashing techniques resulting in periods of amnesia for cult involvement while guaranteeing cult control. Free will has no place in orthodox satanism, and the cult does not allow members to leave without significant retaliation.



People enter into the cult in several ways. They may be:

- born into the cult, i.e., generational;
- given to Satan at an early age by a relative (the entire family may not be cult involved);
- abused in pre-school by extra-familiar caretakers;
- lured by progressive entrapment (promise of hedonism, power, rebellion) as teenagers or young adults;
- kidnapped at any age and used by the cult.

MIND CONTROL

1. HISTORY AND PURPOSE

Mind control:

Mind control can be defined as a systematic process used to influence a person's identity (thoughts, emotions and beliefs) and to form an identity in the person that conforms to the belief system and needs of the controller.

Mind control was formerly called “brain washing”. Brainwashing done by the Chinese was discovered during the Second World War. The Chinese use a method of water torture to force a person to forget or remember anything.

The pre-World War II German government also worked on methods of behavioural modification. The human experimentation was done to **create the perfect spy**. As part of psychological warfare these experimentations were continued.

Different countries got involved with psychological warfare plans and methods and young recruits (children) were being used to brainwash for political reasons. **Many times these children were linked to military families and families with a history of abuse or generational satanism.**

The purpose of mind control is to have control over people and to use people as slaves. According to the “conspiracy theory” mind control is being used to make people part of the plan of the **conspirators of the new world** order to rule the world (e.g. Illuminati).

2. TECHNIQUES

There are many techniques that can be used to get control over a person's mind. The following can be seen as components of mind control:

- Isolation (isolation chambers to deprive the victim of light and sound stimuli and create disorientation in the mind and the inability to reason and to resist the “program” put in by the programmer; isolation of normal contact with human beings to create confusion and fear).
- Control over channels of communication (deprive victim of normal relationships and normal access to information).
- Control over information.
- Inadequate diet (salt and water).
- Degradation of the self.
- Induction of uncertainty, fear, guilt, confusion.
- Alteration of harshness and leniency in context of discipline.
- Secrecy.
- Pairing of opposites like pain and pleasure.
- Confusion between right and wrong.
- Certain emotions are not allowed, e.g. to cry if in pain, to feel sorry, etc.

- Mind altering drugs that can instantly alter certain brain/thought functions are used (these mind altering drugs are developed from modern technology and from ancient witchcraft formulas).
- Electroshock devices are used to give instant control over the conscious mind (the exact mind altering shock of an exact time duration according to the subjects brainwave activity and/or heartbeat).
- The use of sound waves that are inaudible to the conscious ear that affect only the most powerful part of the mind - the subconscious. (Called electronic programming).
- Electroshock with a stun gun to erase memory of victim.
- Hanging victims upside down by their ankles.

Brain Washing and Mind Control

True brain washing is a very real phenomenon in which an extreme degree of coercion can be brought to bear to control the thoughts and behaviours of another. Richard Wurmbrand is a good example. He was able to withstand extreme physical torture and degradation and keep his beliefs until he was subjected to brain washing. Brain washing is used to produce profound change in the victim's belief system and thought processes to conform to the mind set the perpetrators wants to induce.

Through the use of brain washing and mind control, the survivor's cognitive beliefs are changed.

Survivors believe:

- There is no escape
- The cult controls me
- I have no power
- I am incapable of protecting myself
- It is dangerous to remember what has been done to me
- It is even more dangerous to tell
- My life will forever be hopeless



The circle of such beliefs produced by systematic brain washing is reinforced by further abuses. Then there is a participation which is followed by overwhelming guilt. The survivor feels destroyed. As the cult begins to take control of the survivor, he or she is conditioned, not only to **expect** further victimizations, but to **accept** them too.

Brain washing and mind control are closely intertwined. If a victim has undergone brainwashing, their thoughts and actions are more easily controlled.

Brain washing leaves no outward scars, no gaping wounds. It is simply the most effective and perhaps the simplest way of owning a person.

Mind Control and Ritual Abuse

Ritual abuse is a sophisticated **mind control program** being applied to children and adults. Ritual abuse is a brutal form of abuse consisting of physical, sexual and psychological abuse, and involving the use of rituals. Mind control is the cornerstone of ritual abuse, the key element in the subjugation and silencing of its victims.

Victims of ritual abuse are subjected to a rigorously applied system of mind control designed to rob them of the sense of **free will** and to impose upon them the will of the cult and its leader.

Pleasure is not the motive here. Simple access to children and adults is not the motive. **The motive here is CONTROL** - control over the long term. In ritual abuse, sexual abuse is **one** of the TOOLS, not the goal. The goal is CONTROL.

Thus, the purpose of ritual abuse is not the pleasure of the perpetrator. It is done to **break the will** and **control the mind** of the victim.

The child's mind is the ultimate goal, not access to the body.

When the will is destroyed and the child feels cut off from basic securities, the perpetrators are in a position to truly own that child and control the child's behaviour.

Brain washing does not have to be highly sophisticated to leave its mark. Words can be just as effective a weapon against the human will as a gun can be against the human body. Some trauma is designed to ensure the silence of the victim. All kinds of threats are spoken - keeping the child from telling anybody is crucial to continuing the abuse.

JUST TO GIVE YOU AN IDEA...

The cult imposes a variety of **physical**, **emotional** and **cognitive** conditions on the victim.

PHYSICAL CONDITIONS

1. Hunger and thirst

Ritually abused children are often deprived of food and water for extended periods of time, and are told they will be left to die of hunger and thirst. Their deprivation and fear of dying make them willing to comply with virtually any behaviour or belief necessary to be given food or water again.



The cult who finally does feed the child is perceived as an ally and benefactor. The child feels deeply grateful and is thus susceptible to bonding with that cult member, thereby increasing the child's vulnerability to identifying with the cult and its beliefs and practices.

2. Pain

Ritually abused children are physically tormented and sexually abused in very painful ways. The pain can cause them to dissociate and, like prisoners of war subjected to torture, they become willing to do whatever is demanded of them in order to make the pain stop.

For a young child who is ritually abused in an out-of-home care setting, even a brief encounter with intense pain profoundly impacts that child's susceptibility to cult mind control. For those children raised in cults, the use of pain and the threat of pain continue for as long as they are submitted to the cult, causing an ongoing and deepening degree of subservience to the cult.

3. Drugs

Both child and adult victims of ritual abuse have described being abused with mind-altering drugs. Some drugs are injected or administered in suppositories. Others are hidden in food or drink, or simply swallowed under duress.

The drug effects hypnotic and paralytic effects, causing victims to experience mental and emotional states ranging from confusion and drowsiness, to passivity and helplessness. Memory distortions occur as well.

Victims tend to recall very real and painful experiences only with difficulty as though they were unreal or even just dreams. Additionally, In such drug-induced states, young children are even more pliable than they would otherwise be, and more open to the belief system into which the cult is attempting to indoctrinate them.

Cult leaders capitalize on drug-induced reality distortions to create the illusion that they have absolute power to which the child must submit.

4. Exhaustion

Ritually abused children are often deprived of rest and sleep. In extra familial settings in which ritual abuse occurs, children are frequently deprived of needed nap and rest periods.

In ritually abusive family settings, children may be deprived of sleep for extended periods of time. The influence of repeated drugging further deepens their sense of exhaustion.

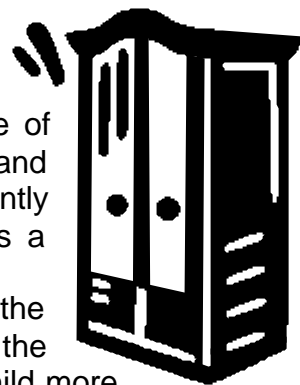
People in a state of exhaustion are more open to mind control because fatigue saps their normal coping capacities. This effect is especially pronounced in young children.

5. Isolation

Ritual abused children are put into closets, holes, cages, coffins, and other confined, usually dark, spaces. The children are often isolated and told they will be left to die.

The sensory deprivation that may result can cause some degree of disorientation. The isolation causes the child to feel desperate and overwhelmed with fear and dread. An abusive adult who subsequently releases the child from confinement is perceived by the child as a rescuer, often causing the young child to bond to that cult member.

The child's bonding with one or more cult members increases the degree of the child's identification with the values and beliefs of the cult. In other words, both the isolation and the rescue make the child more susceptible to indoctrination into the destructive beliefs and practices of the cult.



6. Sexual abuse

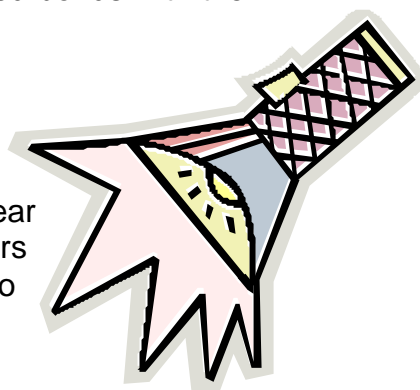
Ritually abused children are subjected to brutal sexual abuse which involves severe pain and may involve sexual arousal with which the children are neither physically nor emotionally prepared to cope.

Sometimes the sexual abuse is performed with symbolic instruments (e.g., penetration with a crucifix or wand) which reinforces the satanic belief system of the cult. The pain, especially if in combination with arousal, is extremely disorienting and overwhelming, again making the child willing to comply with the demands of the cult in order to make the feelings stop.

The sexual arousal can contribute to the formation of distorted bonds with the abusers, leading to identification with the abusive cult.

7. Bright lights

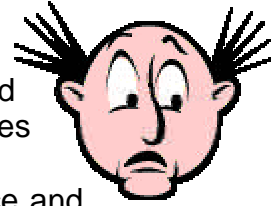
Adult and child victims of ritual abuse describe having harsh, intensely bright lights shined in their eyes immediately before and during indoctrination. The lights appear to disorient them and to induce a state of trance which lowers the victim's resistance and heightens the susceptibility to indoctrination.



EMOTIONAL CONDITIONS

1. Terror

Ritually abused children have been terrorized and are profoundly afraid of their abusers. They have endured physical torture and painful sexual assaults. They have witnessed the terror, torture, and murder of other children and adults in group settings, experiences which greatly intensify the child's own overwhelming fears.



Their terror is heightened by what they perceive as the omnipotence and omniscience of their abusers, including what they believe are their abuser's abilities to control them through the use of demons and evil spirits.

Ritual abused children have also been threatened repeatedly with death to themselves and their families should they disclose. This state of terror causes the child to be willing to do or believe anything to appease the abusers, thereby reducing the degree of threat the child feels from them.

2. Guilt and shame

Ritually abused children have been forced to engage in humiliating and degrading activities such as handling, smearing, and ingesting urine, faeces, blood, and human flesh. They have been photographed pornographically and, sometimes, been made to view these pictures. They have been forced to participate in the abuse, torture and killing of animals, and the murder of children and adults.

They are then made to feel responsible for their actions as though these actions were freely chosen by them. They are threatened with exposure as perpetrators, and fear being rejected completely by their families or even being arrested and jailed.

Their feelings of guilt and shame contribute to a perception that through their actions, they have already shown their loyalty to the cult and its beliefs.

They are made to feel that the abusive group itself is their only refuge of acceptance. By turning to the abusive group for a sense of acceptance and protection, these children are open to even further indoctrination.

3. Emotional isolation and despair

Children who are ritually abused are made to feel cut off and rejected by their families and the rest of the world. They are often told that their "real parents" have died or have abandoned them, and that the people with whom they live are pretenders.

Sometimes they are told that the cult members are their "real parents" who will someday "rescue" them from their homes. These ritually abused children often come to feel emotionally estranged from their families. The deep loneliness which results opens them to bonding with abusive cult members, identifying with them, and thus becoming open to indoctrination into the cult's system of beliefs and practices.

In addition, children who are ritually abused are profoundly sad. They experience tragedy and horror, as well as isolation, at an intensity which would induce an overwhelming sadness in a mature adult.

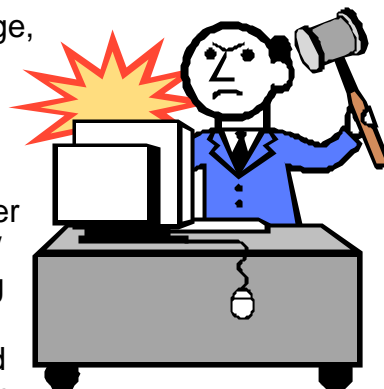
They may come to feel utterly hopeless, and in their despair they are likely to feel that cult abuse and cult membership are all that they deserve and all that they can imagine for their future. The cult convinces them that there is no place to turn for help, and thus no way out of the cult.

4. Rage

Ritual abuse provokes children to feel enormous rage, because the violation which they experience is so great. This rage within the child contributes to the cult's efforts to indoctrinate that child into a belief system in which violence and rage are valued and encouraged.

A child who has been repeatedly violated by the cult over time, and not permitted to express any emotion about his / her abuse, may be eager to vent his / her rage by striking out and victimizing others.

This assaultive behaviour which ensues is encouraged and rewarded by adult cult members, and is used to make the child feel he already is just like the abusive adults who have provoked the rage.



COGNITIVE CONDITIONS

1. Lack of information

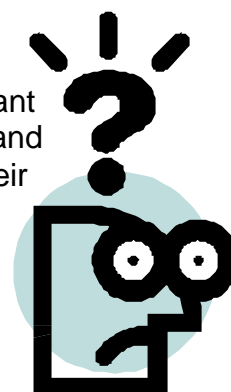
Young children who are being ritually abused lack sufficient information and experience to know that much of what their abusers tell them is untrue.

They lack the cognitive development to perceive the contradictions in some of the lies told. They are likely to accept the misinformation offered by the cult members as part of the mind control process.

2. Confusion

Ritually abused children are confused by the infliction of pain, the extreme sexual arousal caused by sexual abuse, the incessant directives to do things they know are wrong, the extensive lying and deception by cult members, and the perceived loss of control over their own behaviour and the behaviour of those around them.

Children in such situations long for explanations from adults to reduce their confusion about what is happening to them. The result again is an increased vulnerability to indoctrination as they open themselves to any explanations offered by the adults in the cult.



THE ROLE OF TRANCE STATES

These conditions - physical, emotional, and cognitive - exacerbate the impact of the child's ritual abuse, especially in combination with the used trance states. It is important to look at the role of trance states in achieving mind control over the ritually abused child.

When children are in a state of trance, they are more open to indoctrination and other techniques for attaining control over their minds and behaviour. For example, a child who hears an adult state repeatedly, "Satan has the power", is much more likely to incorporate that as a deeply held belief if the child is in a state of trance, than if the child is in a normal waking state.

There are many means by which trance states can be achieved with children during the course of ritual abuse. The rituals themselves contain many trance inducing elements, among them, chanting, isolation, sensory deprivation, pain, and other forms of extreme physical discomfort. Trance states are also induced in ritual abuse victims by using hypnosis and hypnotic drugs.

Traumatic experiences which occur while the victim is in a trance state can be used to indoctrinate victims. These experiences have a profound and long-lasting impact on the beliefs, feelings, and even the behaviour of victims, despite the fact that these experiences cannot always be remembered consciously. Only later in life, usually with the help of a highly skilled therapist, are some ritual abuse victims able to painstakingly reconstruct what happened to them while they were in various states of trance or dissociation.

The fact that certain events are not easily remembered does not mean that they do not have a significant impact on the life of the individual. Until the memories are surfaced and worked through in a safe environment, the survivor of such abuse is still controlled to some extent by these past experiences.

Typically, the survivor will react most strongly to past indoctrination when triggered by an event which is a reminder of it. For example, if the survivor was abused in childhood by a cult that conducted abusive rituals on every full moon, he may feel compelled as an adult to seek out a cult and participate in rituals whenever the moon is full.

Or he may be triggered to perform a physically or sexually assaultive act on the full moon without seeking out a cult. Alternatively he may act out in some other compulsive way to cope with the anxiety associated with the dissociated memory of this traumatic event.

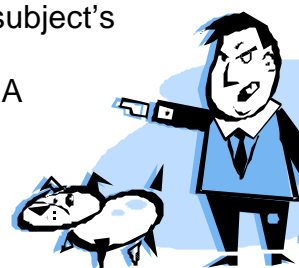
Survivors experience triggering of certain beliefs into which they were indoctrinated, or certain behaviours that they are programmed to enact. They are usually unaware of what it is that is triggering them. With help, a victim can bring triggering events to conscious awareness, and then can gradually become empowered to free him/herself from these compulsions.

Behaviours can be triggered spontaneously by cues that by chance happen to remind the individual of past indoctrination or programming. Cues may be implanted by the cult during indoctrination which can also be employed deliberately by cult members to elicit particular behaviours from a victim.

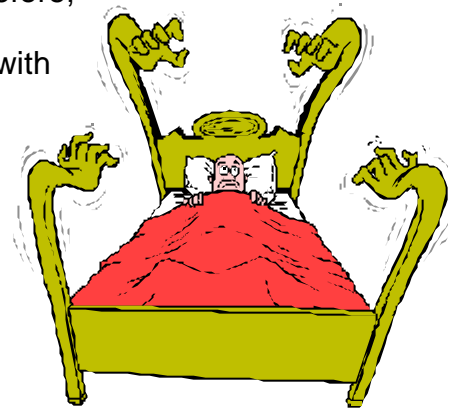
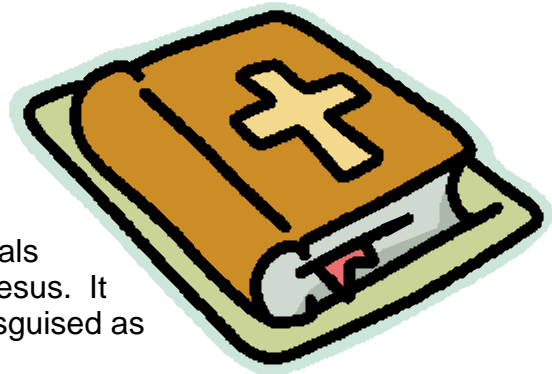
For example, a survivor who was ritually abused in indoctrinated in early childhood can often be called back into the cult years after the indoctrination occurred when approached by a cult member who knows what trigger words or signs to use to access that individual's programming and gain the desired response.

IDENTIFYING SATANIC RITUAL ABUSE (SRA)

1. **Fear of crowds** - Rituals are often held in crowded rooms or there may be outdoor rituals attended by large numbers of people. One SRA woman was terrified at a 4th July outdoor celebration where a large number of people were gathered after dark in a field. It reminded her of an outdoor ritual gathering.
2. **Fear of water** - A common means of control is to hold the subject's head under water.
3. **Dislike or fear of dogs** - Bestiality is often forced upon SRA children and women.
4. **Inordinate fear of snakes or spiders** - A child may have been restrained while snakes or spiders were allowed to crawl on him/her.
5. **Inordinate fear of bees** - A survivor may have been subjected to multiple bee stings.
6. **Fear of drugs** - The SRA person may have been drugged while being forced to do things against his/her will. Drugs are also used to open the spirit realm further to increase the torment of their victim.
7. **Fear of doctors and hospitals** - The survivor may have been subjected to painful medical procedures for evil purposes. Cults often have their own doctors and even clinics (clinics are usually depicted as being in foreign countries.)
8. **Fear of prayer** - There may be a fear of others gathering around him/her for prayer. It can remind one of a ritual where he/she may have been surrounded while people chanted. The counsellor should ask permission before praying with a new client and be cautious about "laying on of hands" during prayer.
9. **Frequent hand washing, hot showers** – Sometimes this is an attempt to wash the blood off one's hands or cleanse the body from shame and guilt. Others cannot see the blood but sometimes a survivor does.
10. **Ability to see and hear demons** - SRA opens a person's perceptions to the realm of evil spirits that others do not see or hear.
11. **Gender confusion** - Cults may purposely program confusion regarding gender. For example a woman may dress in a masculine or asexual fashion.
12. **Self-mutilation** - Cutting, scratching, burning - Persons abused by satanic cults may have been taught to cut themselves as a means of coping with stress.
13. **Inability to pray** - The SRA survivor may have been programmed for an inability to pray.



14. **Inability to read the Bible** - The SRA survivor may have been programmed against Bible reading.
15. **Fear of God and Jesus** - The SRA survivor may have endured painful rituals intended to create a fear of God and Jesus. It is not uncommon for a cult member disguised as Jesus to horribly abuse the person.
16. **Memories of numerous rapes** - When a woman begins remembering many rapes it is an indication that she may be SRA. Demon powers are stored in a female through rituals. These powers are accessed by perpetrators through rape.
17. **Confusion** - Cults often program their victims for extreme confusion. They may experience difficulties with reasoning and common sense.
18. **Backwards thinking** - In cult families children are taught that good is evil and evil is good in every conceivable aspect of life; therefore, their thinking on many issues may seem strange.
19. **Nightmares** - The survivor may be troubled by dreams with violent or satanic themes.
20. **Demons manifesting** - Through satanic rituals demons are given control over a person's mind, body and voice. It has been my experience that the most severely abused seem to be the most defenceless against demonic manifestations.
21. **Self-punishing** - The SRA survivors may have been taught that they must punish themselves for laughing, receiving praise, making a mistake, etc. It is not uncommon for them to hit themselves.
22. **Abuse identity** - The person seems to be consistently in hurtful situations stemming from a belief that it is his/her role in life to be abused. Others sense their expectation for abuse and act accordingly.
23. **Accident prone** - Due to demonic influences and curses placed on the lives of the SRA survivors some of them seem to experience more than their share of painful accidents.
24. **Emotional problems** - Low self esteem, guilt, depression, anger, suicidal thoughts, unworthiness, self-hatred, and panic attacks are some of the emotional problems that may plague the SRA survivor.
25. **Night time demon visitations** - The SRA survivor may experience terrifying demon visitations and demon rape at night. The incubus (male) demon sexually attacks women and the succubus (female) sexually attacks men.
26. **Inability to wear restrictive clothing** - bras, coats.
27. **Dislike of being touched.**
28. **Inability to tolerate certain sounds** - Sounds such as crying babies or children, screaming, dogs licking, lips smacking, etc. may trigger emotions or partial memories of rituals.
29. **Troubled by strobe lights or blinking lights** - Strobe lights are often used in programming and may induce a trance-like state or fear.



Physical Problems

A person who has suffered SRA may experience several of the following physical problems:

1. Migraine headaches.
2. Eating disorders - anorexia, bulimia, food addictions.
3. Sexual dysfunction - aversion to sex or overactive sexually.
4. Fibromyalgia (so-called fibrositis) – unexplainable pain in shoulder blades and shoulder and leg muscles for \pm 2-3 hrs per day; also low energy, tiredness, headaches, spasms, cramps, etc.; mainly caused by stress.
5. Digestive tract problems - acid reflux, ulcers, colitis.
6. Blood chemistry imbalance.
7. Pain in joints of hips.
8. Heart problems.
9. History of substance abuse - alcohol, drugs.
10. Temporomandibular joint syndrome (TMJ).
11. Hysterectomy.
12. Unexplained, intermittent pain in stomach, lower back, vagina, rectum.
13. Bowel problems often starting in childhood.
14. Unexplained scars or tattoos.
15. Liver or adrenal malfunctions, thyroid disorder.
16. Diagnosed epileptic.
17. Urinary tract infections.
18. Collapsed rectal wall.
19. Arthritis or lupus.
20. Problems with knees.
21. Hypertension.
22. Choking sensations.
23. Missing digits.
24. Unidentifiable bruises, cuts, scrapes, etc.



NB! NEVER SAY TO SOMEONE THAT THEY ARE POSSIBLY DID. IT IS ILLEGAL IF YOU ARE NOT TRAINED AS A PSYCHOLOGIST.

Lecture 5

THE ROLE OF THE CHURCH

The Role of the Church

I. Introduction

How is the Church to respond to the needs of those who have suffered the horrors of sexual and/or ritual abuse and have formed multiple identities in order to cope with it? If the Church truly functioned as the Body of Christ, would they not find within its doors the same acceptance, compassion, nurture, and assistance that Jesus Christ Himself would give them?

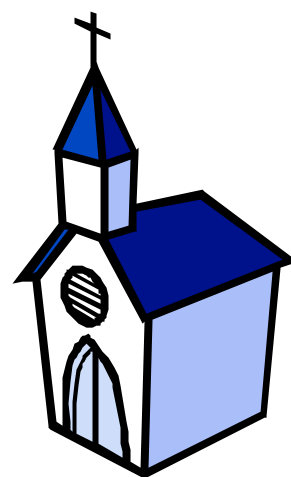
Certainly the Church *seems like* the most logical place for these wounded individuals to find refuge, support, and spiritual instruction as they seek healing. In actual experience, however, survivors often discover that the Church has little understanding of the realities of DID, SRA, or demonization and is totally unprepared for dealing with them.

The end result is that many ritual abuse survivors feel not only misunderstood but sometimes rejected, or even mistreated, by the Church. If this occurs repeatedly in church after church, they may, regretfully, become disillusioned with the Church as an effective resource for their healing.

The Tragedy of the Church's Failure

A. For the Church

1. It fails its responsibility to God (**Ezek. 34:2-4**)
2. It will one day be held accountable for not functioning as a true representation of the Body of Christ (**Mat. 25:45; 1 Cor. 3:12-15**).
3. It misses the opportunities for growth and blessing that God intended it to receive through these wounded, but special, children of His.



B. For the Survivors

1. They lose the resources the Church could offer for their healing.
2. They may turn their back on the Church
3. They may interpret the failure of the Church as a failure of God's love for them.
4. "Converted" cult alters who do not find love and compassion in the Church may feel deceived, making the Kingdom of God no better than Satan's realm in their eyes.
5. As a result, the progress of therapy may be impeded.

III. Reasons for the Church's Failure

A. A Lack of Knowledge or Experience with DID and it's many Issues.

B. The fear of the Unknown

C. Spiritual Immaturity

1. A fear of dealing with Satan or demons
2. An unwillingness to move out of one's comfort zones.
3. A lack of godly obedience

D. Philosophical Beliefs

1. Not believing in the validity of "recovered memories" or the depth of human depravity and sexual perversion they reveal.
2. Not believing in the extent of Satan's activity in the world.
3. Not believing that Christians can be demonized.
4. Believing that alter-personalities are really demons.

IV. The Dilemma

A. For the Survivor

1. If the survivor reveals her diagnosis, she risks the possibility of misunderstanding, conflict, and rejection with its accompanying pain.
2. If she hides her diagnosis and history from the church:
 - a. She will have to remain very superficial in her relationships and secretive about who she really is.
 - b. People may be perplexed by:
 - 1) The inconsistencies in her behavior, memory, or even her spiritual beliefs as different identities switch in and out.
 - 2) Her triggered reactions to seemingly innocuous things.
 - c. She greatly decreases the possibility of getting any of her legitimate needs met in church.
 - e. She will never know if perhaps some individuals in *this* church might truly be will' to embrace her for she really is and genuinely try to help her.

B. For the Church

1. If they don't support DID and RA survivors :
 - a. They offend the survivors.
 - b. They contribute negatively to their concept of the Church.
 - c. They renege on their responsibility as the Body of Christ.
2. If they openly support DID and RA survivors, they risk potential division in the church:
 - a. Because of the controversial nature of the issues involved.
 - b. Because of a fear of anything demonic
 - c. Because of the inordinate amount of time, personnel, and other resources going to just one or a few individuals

V. The Church's Multi-Leveled Decisions

A. Level One: Will We Try to Understand?

1. Will we make an effort to understand DID and ritual abuse?
2. Can we find a reputable source to help us understand?

B. Level Two: Can We Accept these Realities?

1. Dissociation
2. "Recovered memories"
3. Demonization.
4. Satanic cults
5. Programming and mind control

C. Level Three: Will We Get Involved?

1. What are their resources in regard to time, personnel, and finances to devote in this direction?
2. Where in priority does such a ministry fit?
3. Who will be involved and how will they be trained?

D. Level Four: How Far Will We Go?

1. Minimal support
 - a. Acceptance
 - b. Love
 - c. Prayer support
2. Further support
 - a. Creation of a special prayer chain for the survivor's needs. b. Assistance with daily living needs if they arise. c. Financial needs d. Assistance in times of crisis.
3. Therapeutic involvement
 - a. If they do not have an adequate counselor on staff, are they willing to help the survivor get good Christian therapy elsewhere?
 - 1) Helping to locate a suitable therapist
 - 2) Helping to pay for it
 - 3) Helping to transport the survivor there if out of town
- b. Is someone willing to attend the therapy sessions or interact with the survivor's therapist?
 - 1) To enhance understanding .
 - 2) To provide prayer support.
 - 3) To coordinate support needs

c. Is the church willing to participate in deliverance and/or discipleship for these individuals?

E. Level Five: How open will we be with the entire church body about such a ministry?

Just because *they* have wrestled through the controversial issues involved doesn't mean everyone in their congregation has. Therefore, they need a measure of foresight regarding particular problems which could arise in their particular church body as a consequence this ministry. Potentially problematic issues include:

1. The reliability of "recovered memories"

Unfortunately, the False Memory Syndrome Foundation has created considerable media hype challenging the whole idea of "recovered memories." Without being knowledgeable of the mechanism of dissociation and how the mind handles *trauma* memories differently than ordinary memories, the general population has no sound basis on which to evaluate this issue.

2. The reliability of perpetrator allegations, especially those made by ritual abuse survivors, who are often subjected to deliberate mechanisms of deception.

These might potentially even be made towards other church members, producing significant crisis for the church leaders.

3. The subject of demonization, with the fears and questions it raises, is another potentially divisive issue in some churches.

a. Many Christians consider this a very scary issue and would prefer not to "rub shoulders" with it.

b. Some may be totally convinced that Christian survivors cannot possibly "have demons."

c. Others may insist that a survivor's entire problem is demonic, believing that her alter identities are really demons.

Becoming involved in this way will obviously be a learning situation for many churches.

But what an encouragement they will be to the survivors they support!

What joy they will also bring to the Father's heart!

They will not lose their reward!

VI. The Solution: A Team Approach

In light of these many complicating factors, the most workable solution for supporting multiples within a church seems to be through a team which maintains a low-profile in the church body.

A. The benefits

1. The general congregation remains shielded from the potentially controversial issues.

2. The survivor can:

a. Protect her identity in the congregation as a whole. b. be "real" with a small group of people

3. Supporters:

a. Have less risk of "burn out."

b. Can concentrate more on their particular areas of giftedness.

B. Forming a Team

1. Selecting *potential* team members

- a. Those naturally reaching out to the survivor
- b. Those judiciously picked by the church leaders

2. Confirming *actual* team members

- a. Present them with the need.
 - b. Give them a limited introduction and exposure to DID and ritual abuse issues.
 - c. Allow them to decide whether to commit to actual participation on the team.
- Service must always be voluntary and on an "as able" basis.

3. Educating the team

- a. Literature (including *Multiple Identities: Understanding and Supporting the Severely Abused* by Diane Hawkins)
- b. Seminars
- c. Interaction with other more knowledgeable people
- d. The survivor

4. Defining individual roles

After a certain amount of education, team members should define the areas of support they are most comfortable in giving. This will help organize the team and enable the team members to operate within their comfort zones.

Becoming involved in this way will obviously be a learning situation for many churches, but what encouragement they will be to the survivors they support!

**What joy they will also bring to the Father's heart!
They will not lose their reward!**

Lecture 6

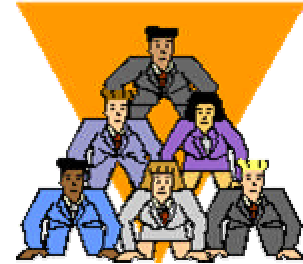
SUPPORT ISSUES

Support Issues

I. Introduction

A. The value of support

Because DID therapy is a complex, extended, and difficult journey, having support along the way is extremely beneficial to survivors. Clinicians also report that survivors who have a support network progress more quickly in therapy. So not only does it *feel good*, but it also enhances the healing process in many ways.



1. Support is beneficial in laying a foundation for healing, providing the opportunity to:

a. Rebuilding trust

- 1) This has usually been shattered in abuse victims.
- 2) It is absolutely essential for effective therapy

b. Increasing ego strength (the capacity to handle difficult things), motivation, and courage.

Sometimes a survivor may need to be in a meaningful support relationship building these things before being ready to begin therapy.

2. Support is beneficial in aiding the healing process, providing:

- a. The opportunity to process issues outside of the therapy session.
- b. A "safe place" in which to open the wounds of the past so they can be healed.
- c. A source of unconditional love, which is a crucial ingredient in the healing process.

3. Support is beneficial in providing valuable mentoring in areas that may be weak in the survivor's life because of growing up in a dysfunctional home.

- 1) Personal, domestic, or trade skills
- 2) Creative expression, a) Music b) Crafts c) Other hobbies
- 3) Physical and emotional self-care, a) Nutrition
b) Exercise, c) Relaxation d) Self-nurture
- e) Healthy boundary setting

4) Character qualities,

- a) Integrity
- b) Responsibility
- c) Accountability
- d) Discipline

B. Essential qualities for a supporter

1. Basic understanding of the dynamics of DID (and RA, if necessary) Sources:

- a. Literature
- b. Seminars
- c. Survivor

2. Availability of time

The amount of time required varies somewhat depending upon the type of support being offered as well as the function level and stability of the survivor.

3. Good emotional health

a. Not carrying heavy emotional burdens

Even those who consider themselves healthy should be warned that entering a support relationship can often bring forward one's own unresolved issues.

b. Not codependent

c. Able to set and maintain healthy boundaries

Because survivors have had their boundaries violated so much, they often have no idea where boundaries should be placed. Therefore, you will have to set them.

d. Comfortable with emotions and abuse issues

4. Good Spiritual Health

a. Strong faith in God and His Character

b. Vital prayer life

1) Well grounded in the principles of effective prayer.

2) Able to draw upon God's strength, wisdom, and grace.

c. Good grasp of spiritual warfare dynamics.

5. Good moral integrity.

6. Good interpersonal skills.

a. Compassionate

b. Sensitive

1) Survivors have deep emotional wounds which are easily opened by insensitive remarks and actions.

2) They have protector alters who are super-sensitive to any perception of mistreatment and may emerge to handle such situations in unpleasant ways.

3) They have many seemingly irrational fears and peculiar reactions to innocuous things, which you will have to be sensitive to as you get to know them.

4) They have many alters with distorted, limited, and negative perspectives of life who need to be treated sensitively while being helped to see life in a different way.

c. Good listener

d. Able to maintain objectivity



7. Willing to learn, grow, and be stretched

II. Building Trust

A. Need for understanding

1. Trust doesn't come easy when you were repeatedly hurt by those you trusted as a child.

a. Developing any kind of close relationship with another person can be scary for an abuse survivor.

b. Learning to trust again may come slowly.

c. Learning to trust again is necessary for healing.



2. Abuse survivors carry "baggage" from the past in evaluating trustworthiness.

a. Deeply impressed convictions

1) Bad guys can dress well, talk smoothly, and give out candy.

a) They rarely trust external appearances alone.

b) They usually have developed a keen "radar" for reading people at a deep internal level.

2) Actions are a much more reliable indicator of reality than words.

Survivors must often be convinced that your actions match your words before they will trust your words alone.

b. Heightened sensitivity to any characteristic reminiscent of abuser.

1) Physical characteristics

2) Mannerisms

3) Character flaws

Most survivors can eventually get past certain superficial reminders, such as hair color or specific mannerisms, but character flaws are much more serious.

B. Need for trustworthy character

This is of heightened importance to abuse survivors because of how deeply they were hurt by those lacking in character.

1. Absolute integrity

a. Honesty

b. Dependability

2. Consistency

3. Openness

4. Acknowledgment of mistakes

This is how you redeem yourself when you fall short of the sometimes unreasonable performance standard the survivor may set for you. Acknowledging mistakes is very impressive to survivors as none of their abusers ever did that.

5. Non-judgmental acceptance of all alters

- a. Every alter serves a protective purpose, helping the person survive an overwhelming situation. They deserve to be understood not judged. When you get beneath the surface of seemingly obnoxious alters and learn the role they played in the person's survival, you can usually come to appreciate them in a new way.
- b. Judgment enhances internal conflict and the need for ongoing dissociation.
- c. Judgment closes the door of opportunity for influencing change in their perspective and behaviors.
- d. Accepting all alters helps the survivor to do the same, which is critical for removing dissociation.

III. Emotional Support

A. The survivor's gallery of emotions

Because there was no opportunity to express or process these emotions as they arose, usually remain sequestered in the inner recesses of survivors' minds and the cells of the physical bodies.

1. Pain over unspeakable betrayals
2. Rage at unthinkable cruelties
3. Terror of ever-looming, unpredictable cataclysms
4. Grief over irretrievable losses
5. Shame from eplorable acts of humiliation.
6. Guilt over forced acts of immorality

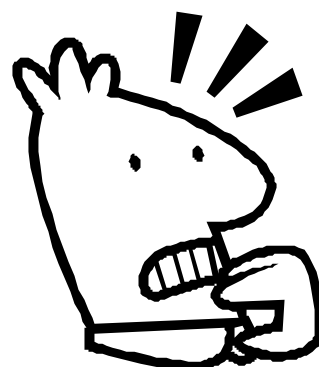
B. Confusion about Emotions

1. Their manner of expression

a. Survivor feels no emotions.

- 1) This is usually because of how completely they were repressed or dissociated other alters.
- 2) As part of the healing journey they will need to be accessed and addressed so they can no longer affect and damage the survivor in insidious ways.

b. Survivor exhibits intense, seemingly inappropriate, emotions. This is usually due to one of the following:



1) The unresolved emotions from the past are latching onto current events to get a chance for release.

2) The emotion-bearing alters are periodically emerging.

c. Survivor feels "whispering ghosts" of emotions.

1) A nebulous cloud of gloom

2) An almost constant irritability

3) A tendency to cry easily or for no apparent reason

These are shadows of what lies in an amplified state deeper within.

d. Transference

1) "The redirection of feelings and desires ... unconsciously retained from childhood toward a new object" (e.g. therapist, spouse) (Webster)

2) When you can't logically understand a survivor's actions or reactions to you, she may be transplanting onto you:

a) Her unresolved feelings towards:

(1) A childhood perpetrator

(2) A non-protecting parent

b) Her unfulfilled desires for the perfect parent she never had

2. Their appropriateness

a. Survivors have been literally brainwashed by powerful messages and conditioning they received as children regarding their emotions.

1) They may have been taught control over emotions is a virtue or an indicator of strength.

2) They may have been extremely shamed or punished for expressing emotions.

3) They may have been deliberately conditioned to reflect no emotions regardless of what they experience, which is often the case when child pornography or ritual abuse is involved.

b. They need to have their false beliefs about truth exchanged for truth.

1) Emotions are a normal part of everyone's life.

2) Emotions can never be judged as immoral.

3) Emotions represent powerful energy which must be released or they can cause harmful results in one's lives.

- a) Psychosomatic problems
- b) Inappropriate outbursts which adversely affect relationships
- c. Support people can play a major role in this.
 - 1) Repeatedly giving permission to feel emotions
 - 2) Validating the emotions which are expressed

C. Healing emotional pain

1. Ongoing emotional pain is rooted in the beliefs or messages the child carried away from the traumatic event.

a. Examples

- 1) I am unlovable.
- 2) I don't matter
- 3) I am dirty, contaminated.
- 4) I am owned by my perpetrator(s).
- 5) I am powerless.

These simple messages can leave a profound, lifelong impact on a survivor's life.



b. Sources of misinterpretation:

- 1) Children's inherent lack of mature cognitive skills
- 2) Deliberate manipulation of perception by the cult
 - a) Drugs
 - b) Hypnotic techniques
 - c) Other illusionary tactics

2. When truth replaces false beliefs, it brings instant and powerful healing.

a. Trace the pain back to its originating memory.

b. In that context identify the messages which were believed because of the event.

c. Re-examine the truth of the belief.

We have found that this is often best done by simply asking Jesus if the message true and seeing what He will reveal to the person. Healing truth can come from ott sources too:

1) Carefully chosen Scripture

It will only bring healing if it speaks to the exact nature of the belief. A survivor should not feel compelled to respond positively to a Scripture passage chosen the therapist if it is not truly targeting the need.

2) Adult rationality

It is very important that the belief be identified in the emotional context of the memory at the developmental level of the child at the time. Adult rationality can then *sometimes* address that irrational child-level belief.

For instance, a child can believe that she is powerless or that God has abandoned her while an adult part is able to point out instances since then when they acted very powerful or when God did indeed show He cared or provided a definite need. When this perspective enlightens the child, the lie believed may vanish.

3) The Core or another alter

Because dissociation deprives many identities from full knowledge of the person's history, sometimes just having one identity fill in a blank spot in another identity's memory can bring the necessary truth for healing.

4) Any recognized authority

This must be an authority recognized by the part of the person needing truth.

D. Specific emotions

1. Anger (See "Anger, Hate, and Forgiveness" lecture.)

2. Guilt

a. Sources of guilt

1) Children who are sexually abused often believe that they are the ones to blame for what happened. This often contributes to their not telling anyone about it.

a) Sometimes perpetrators drill this into them.

b) Often they assume this on their own.

2) Guilt can be compounded for ritual abuse survivors who are forced to perpetrate cruel, inhumane, and even criminal acts on others.

When these memories surface, it is an exceptionally critical time for a survivor to have support from someone who can delicately balance validating her feelings while also providing a sense of objectivity.

b. Addressing Guilt

1) Help the survivor discern where true responsibility for evil, hurtful acts lies.

a) They are not responsible for actions they were forced or manipulated into performing.

b) The one forcing the action is the guilty one.

2) Help the survivor verbalize her beliefs about her guilt. Then ask God to speak truth to her beliefs. (He told one survivor she was as innocent as the knife!)

3) Help ritual abuse survivors recognize how guilt-provoking acts were deliberately used to manipulate and control them.

a) To create intolerable conflicts and emotions that would compel the need for denial and dissociation

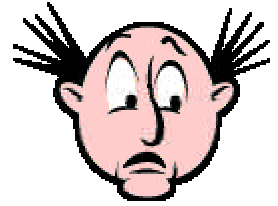


b) To blackmail them into obedience and silence

Perpetrators get a lot of leverage out of forcing children to commit criminal acts and then threatening, "If you tell what we did, we'll tell what you did and you'll go to jail!"

3. Fear

a. Fear is by far the most powerful emotion used for manipulation and control by abusers. Cult perpetrators are masters at creating terrifying situations in order to :



1) Produce dissociation

2) Establish control

3) Lock programming in place

b. As a result, fear becomes inordinately attached to anything once associated with the abuse or the cult.

1) Certain animals, birds, or insects

2) Objects or symbols

3) Weather conditions occurring at the time of the abuse.

4) Certain behaviors

a) Not doing it right"

b) Saying "No"



5) Activities occurring at cult gatherings

a) Chanting

b) Bonfires

c) Swaying to music

d) Sitting in a circle

6) Locations used for cult meetings

a) Woods

b) Barns

c) Mines

d) Caves



Because they were implanted in survival-threatening situations, they are very difficult to erase.

c. When fears are triggered:

1) Treat the survivor with gentle understanding, comfort, and reassurance.

2) Try to point out the differences between the present situation and the past.

3) Identify beliefs underlying the fear and bring truth to them.

- 4) Use spiritual warfare to disconnect any demons augmenting the fear.
- d. Recognize that fear can also be a foothold empowering demonic activity. Therefore encourage survivors to try to overcome their fears.
- e. If the memories in which the fears are rooted have not been uncovered, it will be virtually impossible to resolve the fear in any rational manner.

E. Processing current life experiences

1. Sharing frustrations of daily living

Everyday life can be a little more complicated for multiples because of the dissociate programming, and the emotionally upsetting nature of therapy.

a. Inter-personal relationships

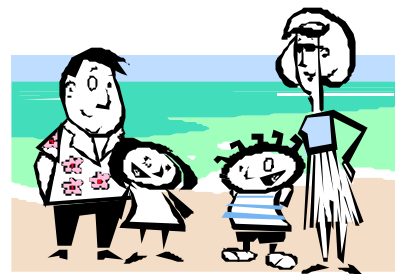
1) Family of origin

- a) If they were involved in the abuse, the survivor will carry immensely powerful and conflicting emotions regarding them. She may also struggle with how safe it is for her to have contact with them.
- b) If they were not involved in the abuse, the extent to which they believe and support the survivor can have a critical impact on her.

2) Marital family

Major issues of concern here are:

- a) The degree of support received from the spouse
- b) The safety of the children
- c) The extent of the diagnosis to share with the children
- d) Grief over the difficulties the survivor causes for those she loves the most.



b. Work related issues

c. Home management issues

2. Providing perspective

a. Distorted perceptions due to divided life experience and memory

1) This can potentially lead to :

- a) Wrong conclusions
- b) Unnecessary emotional upheavals

2) Sometimes another person with a more objective perspective can turn a mountain into a mole hill rather quickly.

3) Occasionally alters can be extremely convinced that their perspective is absolutely right, however. In these cases it may take the combined input of several external people who agree on their view of the situation to convince the alter that she isn't seeing the whole picture.

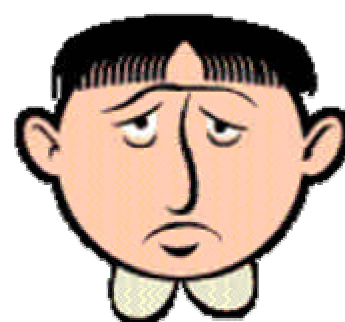
b. Emotional overreactions due to unresolved issues from the past
Survivors often have difficulty recognizing when their emotional reaction is being amplified because of their unresolved issues from the past.

IV. Protective Support

This entails providing protection for survivors when they may be in physical danger. Selfharm, suicidality, and cult retaliation are quite common with ritual abuse survivors particularly.

A. Suicidality

All threats of suicide must be taken seriously. However, the unique dynamics of DID and ritual abuse must also be kept in mind. Rarely does the whole system want to die. Therefore, try to find out who wants to die and why.



1. Human dynamics

a. An alter desires to die.

1) Other identities who are highly committed to life will often counterbalance the drive for death.

2) Frequently the issue driving a sudden suicidal urge can be resolved rather quickly simply by providing an alter with a distorted perception a more complete view of reality.

b. A primary identity wants to die.

1) This situation is more critical as other identities may not be strong enough to overpower the desire of a primary identity.

2) Seek to identify and challenge the underlying beliefs driving the desire for death. Often bringing truth to a false belief can resolve the situation.

2. Introjected dynamics

A trained person is usually required to address the dynamics of programming and demonization, which may be involved in driving suicide in a ritual abuse survivor.

a. Programming may be enacted whenever:

1) Compliance and control by the cult is jeopardized

2) Predetermined dates for self-sacrifice are reached.

b. Demons

1) Can be used to enforce suicide programming

2) Can seemingly pursue their own interests

a) If they fear they are about to be expelled

b) If their assigned task is about to fail completely

It seems to be demoralizing to demons if they are expelled without accomplishing their assignments.

3) Cannot superimpose their will over that of a Christian, but can try to impel suicide by:

a) Injecting compulsive, morbid thoughts

b) Inflicting intense psychic torment

Always seek professional help if the desire for suicide cannot be quickly resolved.

B. Self-harm

1. Human strategies

a. A means to strengthen the dissociative barriers when the system feels threatened

b. A means by which persecutor alters, who have identified with the abusers, punish or warn other alters whom they believe:

1) Are not performing right or

2) Are considering disobedience to the cult agenda.

c. A means by which protector alters warn other alters that they are in danger of much greater punishment by the perpetrator if they do not shape up.

d. A silent means to release powerful emotions that an alter believes can be discharge in no other way.

e. A way of not feeling so utterly powerless in an otherwise overpowering situation.

f. An attempt to convert intense emotional pain into physical pain-which seems no bearable.

g. A means of causing an adrenaline release to bring a change in mental state.

2. Role of demons

Just as the demonized man of the Gadarenes cut himself with stones, demons can drive alters to self-mutilate or otherwise injure the body.



- a. Working in conjunction with persecutor or controller alters to inflict punishment on disobedient alters.
- b. Reacting to spiritual warfare when they can't leave because the legal grounds for their attachment have not been renounced yet

C. Cult access

When the survivor is being accessed by cult members, she may also need protective measures to be taken by her supporters, especially during Satanic holidays.

D. Options for providing safety

When the issues driving self-harm or suicide cannot be resolved quickly, survivors may need help in being kept safe until whatever is precipitating the crisis can be resolved.

1. Hospitalisation

- a. Survivors need insurance or significant financial resources.
- b. Very few hospitals recognize and address both the psychological and spiritual dynamics involved.
- c. An untrained staff can be abusive to alter-identities if they don't understand DID.

2. Around the clock "companionship"

V. Spiritual Support

A. Prayer needs

1. Courage for the survivor to face and own the truth.
2. Discernment of truth from deception
3. Success in resolving programming
4. Success in recognizing and eliminating demonic footholds.
5. Guidance for the therapist
6. Spiritual protection for the survivor and those helping him/her

7. Adequate social and emotional support for the survivor and his/her family.
8. Adequate finances for therapy and the daily living needs of the survivor

B. Spiritual Warfare Needs

Spiritual warfare involves directly confronting the forces of evil in the power and authority of the name and blood of Jesus Christ to command their obedience.



1. General

- a. Removing spiritual blindness from alters in bondage to Satan
- b. Prohibiting demons from blocking truth or interfering with therapy
- c. Stopping demonically driven fear, anxiety, confusion, torment, or self-harm.
- d. Stopping demonic communication between the survivor and other cult members
- e. Providing spiritual protection

1) Whenever contact with cult-involved family members is necessary or possible

2) During Satanic holidays when accessing is likely

2. During therapy sessions

When spiritual warriors can be present in the therapy sessions, they can track along with the therapy and engage in spiritual warfare as needed to:

- a. Unmasking deceptive demonic imagery
- b. Binding demons from hearing and responding in any harmful way
- c. Binding demons from blocking truth and healing
- d. Binding demons that prohibit alters from speaking
- e. Binding demons from blocking access to significant memories or alters
- f. Binding demons from hindering alters from hearing God's voice of truth
- g. Binding demons from interfering as alters remember and renounce the legal grounds which provide their attachment (oaths, vows, covenants, sacrifices, etc.)
- h. Casting out demons once their legal grounds are renounced



C. Discipleship

1. Modeling a Godly life

This is something that can occur naturally throughout your relationship with a survivor.

2. Bible study

a. Timing

You have to be sensitive about the timing because in some survivors, if it's done prematurely, it may precipitate severe torture or punishment internally. Some can't handle attending church for the same reason. If the survivor tells you this is happening, don't try to force them. As therapy progresses, the internal opposite will generally lessen, and the system will be better able to handle it.



b. Topics

- 1) The true nature of God
- 2) His magnificent promises
- 3) The privileges and responsibilities of being His child
- 4) The importance of faith and prayer in relating to Him
- 5) The truth about sin and forgiveness
- 6) The principles of effective spiritual warfare.

VI. Material Support

This support need will vary greatly from survivor to survivor.

A. Financial aid

1. For therapy
2. For living expenses.

B. Assistance in tasks

Frequent switching can make it difficult for some survivors to accomplish certain necessary tasks on time. Needed support in this area will vary greatly from survivor to survivor.



1 Shopping

2. Paying bills

3. Doctor's appointments

Having a trusted companion along can be extremely helpful for these occasions for the following reasons:

a. Doctor's visits can be particularly stressful for survivors, making them more prone to switching, which can:

- 1) Be embarrassing to the survivor,

- 2) Be confusing for the doctor,
- 3) Make the Host miss hearing critical information.

b. Child alters may need reassurance that no abuse will take place.

C. Special Needs

Sometimes survivors may be unable or unsafe to drive or live alone and may need temporary help with:

1. Transportation

2. A place to live

a. Inviting a survivor to live with you needs considerable forethought and prayer.

b. It is not recommended if:

- 1) Children are in the home, especially young children.

- 2) Anyone else with emotional problems or unpredictable behavior is in the home.

- 3) You are unable to set and maintain healthy boundaries.

c. If you do decide to invite a survivor to live in your home, try to think of as many potential problems as possible ahead of time and establish:

- 1) Specific boundaries and rules

- 2) Types of behavior that will instantly terminate the arrangement

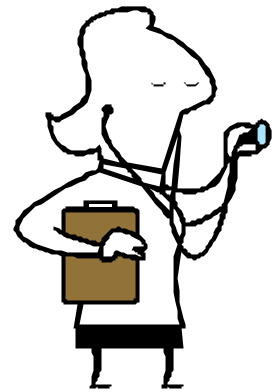
- 3) Goals that will "graduate" the person back to independent living

- 4) Reasonable time intervals at which to re-evaluate the arrangement

d. Avoid creating an environment that will make it more appealing to the survivor to remain in a dependent state rather than to work for healing.

VII. Therapeutic Support

I believe that devoted, knowledgeable lay people can sometimes be involved in the therapy process. While it is not the most ideal situation, it is the only way some survivors are going to get help. Furthermore, most clinicians did not learn what they know about this diagnosis in their professional training programs.



A. Capacity

1. Assisting a professional counselor
2. Serving as the primary facilitator

B. Reasons

1. The often prohibitive price of professional counseling
2. The shortage of knowledgeable professionals to handle the number of ritual abuse survivors seeking help.

C. Educational Resources

1. Survivors
2. Published literature
3. Seminars
4. Consultations with experienced clinicians
5. Networking

D. Requirements

1. Commitment to difficult, complex, and often demanding work
2. A substantial investment of time
 - a. In learning
 - b. In working with the survivor
3. A significant amount of stamina
 - a. Physically
 - b. Emotionally
 - c. Physically
4. The leading of God

VIII. Support versus Caretaking

No matter what role you assume in supporting a survivor, it is of utmost importance that you not fall into the trap of "codependency." While survivors need good Christian love more than anything, it must be given in a way that is truly helpful and doesn't perpetuate their staying in a victim role.

A. You must set and maintain proper boundaries from the beginning.

1. Don't assume that things will all "work out" in a natural manner. With deeply wounded individuals, it won't.
2. Don't bend your boundaries in response to anger or feelings of rejection in the survivor.
3. Remember you in a role to model proper boundary setting for the survivor, which she really needs to learn for successful living.

B. Keep the focus on empowering the survivor rather than fostering greater dependence.

1. Don't take on care of survivors that they can provide for themselves.
2. Don't allow the survivor's sense of self and well-being to be focused on you.
3. Keep the primary responsibility for recovery on the survivor.
4. Don't make being a dependent multiple more appealing than getting well.

C. Don't try to become substitute parents for child alters.

Help them grieve what they did not receive as children in the way of adequate parenting and learn to care for themselves as adults.

Don't be a rescuer because that puts the survivor back into the victim role.



Appendix A

DEFINITION OF TERMS

Definition of Terms

from *Breaking the Chains of DID*

ABREACTION-The recall of a traumatic memory in such vivid sensory and affective form that it seems like a re-experiencing of the event.

ACCESS (verb)-To make direct or indirect contact with a programmed cult member through physical, electronic, or possibly spiritual means; may involve predetermined signals or programmed triggers.

ACTING OUT-Demonstrating unhealthy, non-productive behavior related to one's unresolved psychological issues.

AFFECT (noun)-A psychological term referring to emotions or the facial expression of emotions. **ALTER**-An abbreviated form of "alternate personality" or "alternate identity."

ALTER-IDENTITY-A projection of the soul that is separated by dissociation from the Original Self or any of the Primary Parts; a preferred term to "alter-personality," though often used interchangeably. A divided part of the soul that may have a self perception drastically different from the Primary Parts.

ALTER-PERSONALITY- A part of the person's soul that is separated by dissociation from the Original Self or any of the Primary Parts; has a relatively enduring pattern of perceiving, thinking about, and relating to self, others, and the environment.

ALTERED STATE OF CONSCIOUSNESS-Any shift of the focus of one's attention away from a clear connectedness to the immediate external environment.

AMNESIA-The inability to recall significant events or other important information which is too extreme to be explained by ordinary forgetfulness; the absence of memory.

BIRTH IDENTITY-The Primary Part who was born (sometimes not the same as the one conceived in the womb).

BODY MEMORY-The re-experiencing of the pain or physical sensations of a past traumatic event or the re-appearance of physical bruises, marks, or wounds on the body from such an event.

BLACKOUT-A loss of consciousness experienced by a particular identity while another identity is in executive control of the body.

CELESTIAL BEING-A phrase taken from the New International Version of Jude 8-10 referring in a generic way to the higher level spiritual/angelic beings in a complex hierarchy; good and evil spiritual entities who are distinguished from the lower level demonic forces.

CO-CONSCIOUSNESS-The phenomenon of more than one identity sharing an awareness of external life at the same time; usually refers to the Host maintaining an awareness of events which transpire when other identities take executive control of the body.

CONDITIONING-The process by which a consistent behavioral pattern is established in response to a given stimulus.

CORE-The identity which represents the original, whole person conceived in the womb; carries the strongest sense of "self"; used synonymously with the preferred term "Original Self" formerly called the "Original Person"); sometimes used to refer to the identity who, among all those currently participating in life, is most directly related to the "Original Self."

COVERT-Hidden, secret, undeclared or unrevealed.

CULT-An organized group of people devoted to beliefs and goals which are not held by the majority of society; often religious in nature; used in RCM materials to refer to any organized covert perpetrator group.

CULTIST-Any perpetrator who is part of an organized group of people devoted to a specific covert agenda not shared by the general population.

DARKNESS-Referring to Satan's realm; usually associated with evil and deception.

DECOMPENSATION-Loss of psychological or functional stability.

DELIVERANCE-The process of freeing a person or identity (in DID) from demonization.

DEMON-Lower level evil spiritual beings of uncertain origin frequently mentioned in Scripture tormenting people in various ways (Mark 5); may be equated with "evil spirits."

DEMONIZATION-The association of one or more specific demons with an individual (or part of a person-alter identity or Primary part) resulting in varying degrees of control or influence over the person.

DESYNCHRONIZATION

External: A disruption of the nonverbal communication bond between two people so they no longer share an emotional state or connection between the right hemispheres of those two separate persons.

Internal: A disconnection from some or all of the personality functions in the prefrontal cortex within an individual, usually because of distress. (Dr. Jim Wilder).

DISSOCIATE-To separate all or part of one's consciousness from awareness of the physical environment; in DID, to split off part of one's soul into a separate identity or to switch from one identity to another.

DISSOCIATION-A temporary or prolonged disruption in normal consciousness in which one's sense of identity, memory, and/or perception of the environment may be altered or separated. This phenomenon lies on a continuum ranging from normal, day-dreaming and "highway hypnosis" on one end to the formation of alternate-identities (DID) at the other end.

DISSOCIATIVE-Having an increased propensity for dissociation, i.e., separating all or part of one's consciousness from awareness of the physical environment; includes, but is not limited to, those with DID.

DISSOCIATIVE IDENTITY DISORDER (DID)-The official term (since 1994) for what was formerly known as Multiple Personality Disorder; the psychological phenomenon of having two or more distinct identities within a single person, each demonstrating a consistent perspective of, and pattern of relating to, self, others, and the environment, with at least two of them recurrently taking executive control of the person's behavior.

EXECUTIVE CONTROL-The ability to determine the actions of the body.

FOOTHOLD-The legal ground that gives a demon the right to become associated with and influence a person or identity. This could be an oath, vow, pledge that was made; a ritual or sacrifice participated in; a generational inheritance; or a specific sin or pattern of sinful behavior established in a person's life.

FRAGMENT-An alter-identity with a limited life history and function that does not have a fully developed personality.

FUSION -The merging of two alter-identities so that they become one. Technically this reversal of the dissociation process is differentiated from "integration" in that neither of the merging identities is the Original Self.

GENEALOGICAL MAP-A flow-chart showing the derivation of the alter-identities as they progressively split off from the Original Self or other identities.

GENERATIONAL SATANISM-Satanism which is propagated through succeeding generations.

HOST- The presenter identity who is most often in executive control of the body. (This can change over the course of the individual's life.)

IDENTITY-A person's distinct sense of self; used in DID to refer to each divided part of the soul created by dissociation; is sometimes used interchangeably with "personality."

INNER SELF HELPER (ISH)-An alter-identity who is devoted to the good of the person and works to maintain internal stability and well-being; may provide helpful information to guide the therapist; rarely participates in external life.

INNER WORLD-A seemingly internal realm of mental imagery, often representing the system map, where some identities may interact with each other when they are not participating in external life. This realm can apparently intersect with the spiritual realm, enabling "visual" interaction between alters and demons.

INTEGRATION-The process of joining alter-identities back into the Original Self; a reversal of dissociation.

LAYER - A group of alters who are loosely related and aware of each other and may have participated in life together at one time. Multiple layers of alters usually exist in a system beneath the current group of presenters. In survivors of ritual abuse these are often strategically positioned to reinforce the programming and provide additional defenses against therapeutic intrusions.

LITTLE ONE- A fragmented "piece" of the Primary Parts (often from the Original Self) hidden/stuck in a memory. Usually has not lived life outside the trauma. Called *authentic children* by Dr. Ed. Smith

LOSS OF TIME - The phenomenon of time passing for which the Host or a particular alter-identity is amnesic.

MULTIPLE - A person with more than one identity who has been diagnosed with Dissociative Identity Disorder.

MULTIPLE PERSONALITY DISORDER (MPD)-The former title for the psychological diagnosis now known as "Dissociative Identity Disorder."

ORIGINAL SELF/PERSON-The person created at conception from which the first alter-identities were split; often used synonymously with "Core." The "heart" or essence of the self-who came into being at conception and who has the capacity to most strongly connect with God and others.

OCCULT-Hidden or secret; often involving evil, supernatural powers or a secret knowledge of them.

OUT"-Participating in external life.

PERPETRATOR- A person who abuses another person.

PERSONALITY-A relatively enduring pattern of perceiving and relating to self, others, and the environment. In DID it can refer to any identity exhibiting such a pattern.

PRESENT (verb)-To emerge into external consciousness and take part in life.

PRESENTER - An identity who consistently plays a role in normal daily living.

PRESENTER SYSTEM - The group of identities that normally handles daily life for the person.

PRIMARY PARTS - The collective whole of all the parts of a person who are not Alter Identities (personalities).

PRIMARY SPLIT - A first generation separation from the Original Self; serves as a foundation of the alter system, programming and "maze" maps; very young in their self perception; similar to "Little Ones" but seem to have had more early life experience.

PRIMARY IDENTITIES-Have a close connection to the Original Self; are life-aware, can be any age, live life "behind" the alter identities, sometimes referring to Denial, Confusion, Pain. Can also refer to any of several identities who carry the strongest investment in the Original Self's beliefs and commitments as well as in the dissociative barriers necessary to maintain them; includes the Original Self and a limited number of directly related identities, including the Host.

PROGRAM - A predetermined response pattern deliberately established in a person's mind to occur automatically when triggered by a specific stimulus.

PROGRAMMING-The entire conglomerate of programs established in a person's mind by a perpetrator group to direct behavior, thoughts, emotions, and/or the withholding of information deliberately designed to establish partial or complete control over the individual.

RITUAL ABUSE - A systematic form of abuse having a predetermined purpose or agenda, usually involving the deliberate use of trauma, dissociation, and some form of mind control programming; includes what has been known as Satanic Ritual Abuse (SRA).

SATANIC CULT - An organized group of people with an established belief system involving the direct or indirect worship of Satan and/or demons and the seeking and exercising of occult powers.

SATANIC RITUAL ABUSE (SRA)-Severe trauma/torture experienced at the hands of a Satanic cult to cause dissociation into multiple identities so that some of those identities can be indoctrinated, programmed, and demonized, bringing the individual significantly under the control of the cult and the kingdom of darkness, generally without the knowledge of the Host personality. Often referred to more generically as Ritual Abuse (RA).

SHIFT - Similar to a "switch" but smoother and occurring between primary parts; usually recognizable only by speech content, perspective, or body language.

SPIRITUAL WARFARE-The utilization of spiritual principles which apply the authority of the name and the shed blood of the Lord Jesus Christ to counteract demonic activity.

SPLIT - To form an alter-identity through dissociation.

SURVIVOR - A person who has been severely abused; a preferred term to "victim."

SWITCH - To change the executive control of the body from one alter-identity to another in a person with DID.

SYNCHRONIZATION

External: A connection between persons in a bonded relationship promoting mutual regulation of shared emotional states;

Internal: An internal connection that allows a united function for the personality centers of the brain and a return to joy from the negative emotional states (Dr. Jim Wilder).

SYSTEM -The entire group of alter-identities within an individual who has Dissociative Identity Disorder; can also be used of a sub-group of identities with a distinct authority structure which functions more or less independently within the whole

SYSTEM MAP - An internal depiction of the structural arrangement and operational . dynamics of all the alter-identities in the system, providing a line of authority and a method of presentation or participation in life. The type of imagery used varies greatly (a house, a castle, a solar system, a carousel, a forest, etc.) and is usually distinct for every multiple.

TALK THROUGH-The process by which a therapist (or other person) addresses alters who are not in control of the body or willing to acknowledge their presence but are able to listen to what is said.

TRIGGER (noun)-A specific stimulus which causes a given response; usually one which is deliberately designed to activate an established program.

TRIGGER (verb)-To cause a specific response, especially a consistent or programmed response.

Appendix B

RESOURCE DIRECTORY

Resource Directory

June 2003

In a field marked by controversy, skepticism and misinformation, it is important to build personal relationships based on truth, love and facts.

We have a worldwide network of such connections.

You may contact RCM directly for further information about these and other sources of further information.

Inclusion in our resource director-1y does not constitute a recommendation or endorsement of the organization/agency or- their- material.

Aslan's Place

www.aslansplace.org

760-947-7881

18990 Rock Spring Rd.
Hesperia, CA 92345
FAX: (760) 947-7881-call first

Dr. Paul and Donna Cox are friends who travel worldwide, teaching and ministering on issues relating to the spiritual realm. Their focus is not on the dissociative issues but on the gift of discernment and I believe they provide a part of the needed training for those ministering to survivors of severe abuse who are willing to operate in the spiritual gifts. His ministry will be a stretch for some people but I deeply appreciate their hearts.

C.A.R.E., Inc.

<http://www.carel.org>

231-745-0500

3069 South M-37
Baldwin, MI 49304

Jo Getzinger, Cheryl Knight and their staff work with survivors, conduct seminars and provide training for therapists as well as equip churches to support survivors. They provide a number of training materials and have a very good resource manual available on "Care Giving." They probably are providing one of the best examples of "community" for survivors that I am aware of personally.

Christ Our Healer Ministries

www.christourhealer.com

716-878-8907

PO Box 237
Buffalo, NY 14240-0237

Eli Pollinger and his staff offer counseling ministry to the Buffalo area. We have been privileged to present our material and provide staff training on DID and RA. They are a quality organization with a heart for ministry.

Cornerstone Christian Counselling Centre

<http://www.cornerstonechristian.ca>

519-743-2260

A Division of Arthur Zeilstra Ministries Inc.

4 Warwick Court,

Kitchener, Ontario N2E 2P1 CANADA

Art Zeilstra has been ministering for many years and has put together a large team of prayer counselors that evidence a good grasp of prayer counseling techniques and a willingness to learn. They work with all levels of trauma survivors.

Elijah House

www.elijahhouse.org

208-773-1645

17397 W. Laura Lane Post Falls, ID 83854-8211

While not focusing on DID issues, many counselors associated with of this world-wide Christian organization have been very open to growing in their understanding of DID-RA and the principles God is bringing to light that are producing healing results.

Plumline Ministries

www.PlumlineMinistries.com

888-635-6011

From outside the USA, call 1-636-724-4605

Arthur Burk is a friend who remains strongly committed to Scripture but often thinks "outside" the box in many areas. He is an intercessor whose tape ministry will challenge and encourage those willing to be stretched. His material is helpful in understanding the spiritual realm.

Shepherd's House

626-794-3670

P.O. Box 40096 Pasadena, CA 91114 FAX 626-356-0682

Dr. Jim Wilder, now the director, provides training and educational resources to the Christian Community. Dr. Jim Friesen, Dr. Jim Wilder, and some of the former (and current) staff have written an excellent little book entitled *The Life Model-Living from the heart Jesus Gave you: The Essentials of Christian Living*. Their explanations give a good foundation for survivors and all of us needing community, which are essential for maturity. Dr. Wilder continues to write and currently has a study guide entitled *Bringing the Life Model to LIFE* (ISBN 0-09674357-1-4). Shepherd's House materials can be found at CARE Packaging's web site listed above under C.A.R.E, Inc, listed above.

Shield of Faithwww.shieldofaith.org**763-473-3845**

PO Box 46051

Plymouth, MN 55446-0051

Karen Sackett writes and provides training from a prayer ministry perspective to bring healing to survivors of abuse, including severe ritual abuse. She stays abreast of current developments and work with all levels of survivors. Her website has a list of other resources and ministries listed. She has produced a lot of excellent renunciations, many listed on her website.

Suite 101 - Resources for Survivors<http://www.suitel>Ol.com/welcome.cfm/DID

A helpful website authored by Karenjoy with a number of helpful links and articles.

TheoPhosticwww.theophostic.com**270-465-3757**

PO Box 489

Campbellsville, KY 42719

RCM does not do "pure" TheoPhostic but is appreciative of the foundational contribution of Dr. Ed and Sharon Smith. They offer training not only in seminars but also through video tapes and printed materials and advanced seminars both at Alathia Equipping Center and elsewhere. Call for a recent schedule and list of materials.

Pastors David & Raelene Thompsonwww.watchmanmin@picknowl.com.au**011-618-8278-3085**

PO Box 219

Belair, South Australia 5052

Australia

David and Raelene are friends who have a significant ministry throughout Australasia providing training, encouragement and personal work with survivors.